



HOWNIIKAN

Gtegangises (May 2014)

People of the Fire

Cultural Heritage Center floods

The Citizen Potawatomi Nation Cultural Heritage Center sustained severe water damage on March 31 due to a break originating at a City of Shawnee water main. Thousands of gallons of water flooded the building, damaging exhibits and causing structural damage. Crews are working to remove the damaged exhibits and floor from the building in preparation of the restoration process. There is no estimate for the cost of the damage or a timeline for repairs.

“This is a terrible cultural loss for the Potawatomi people,” said Chairman John Barret. “Not only are we dealing with the structural damage and damaged exhibits, but we also have to consider the long-term damage to our cultural artifacts from added humidity in the building. It’s likely that the Cultural Heritage Center won’t be repaired in time for our Family Reunion Festival in June, and that our tribal members won’t have the opportunity to connect with their heritage.”

Officer Kandi Cumbie of the Citizen Potawatomi Nation Police Department noticed water on the floor of the Cultural Heritage Center about 9:30 a.m. on March 31 and called facilities manager Cindy Merriman to investigate the issue.

“Officer Cumbie called me and informed me she had noticed water bubbling up from the carpet where it meets the wood floor just outside of the Long Room. So of course I came immediately from my office to investigate,” said Merriman. “Then we noticed water near the Veterans Wall of Honor and coming out of the electrical outlets on the floor.”

Merriman immediately informed

her supervisor, Dr. Kelli Mosteller, CHC director, and CPN maintenance and public works of the water. Within minutes CHC staff noticed that the floor in the Long Room had begun to form a dome and the building was evacuated.

“I knew there was something pretty serious going on when I saw that the floor had begun to rise and that the walls had begun to separate,” added Merriman. “The speed that it was raising was very alarming and that’s why we chose to evacuate the building.”

CPN public works employees drilled holes to remove pressure so that the floor would not continue to rise. Eventually, public works employees cut a hole in the floor to begin to drain the water from beneath the concrete foundation. Once the hole was opened, a geyser about two feet tall erupted and thousands of gallons of water rushed onto the museum floor.

Employees from the Cultural Heritage Center acted swiftly to remove exhibits from the Long Room and contain water to that portion of the building. CPN public works employees worked to locate the source of the water and determined it was coming from a City of Shawnee water line.

“We tried our hardest to contain the water the best we could but it was impossible because it was coming in so fast,” added Merriman. “We were struggling and it was just impossible and it quickly spilled out on to the exhibit floor.”

CPN employees quickly volunteered to help with the clean-up effort. More than 60 employees from across the tribe rushed to the CHC to help to remove water, carpet and wood flooring. CHC staff focused



Staff from across CPN’s departments and enterprises rushed to the CHC to help stem the flood’s damage.

on protecting exhibits and archival items. Temperature, moisture, lighting and humidity are being closely monitored and regulated to protect exhibits and archival items from further damage.

“This is a catastrophic loss for the Cultural Heritage Center,” said CHC director Dr. Kelli Mosteller. “Not only have we lost exhibits and sustained structural damage, we have to consider the long-term effects of the water and humidity to items in the library and archives.”

Crews worked late into the evening on March 31 to clear the water from the building, remove flooring and begin to disassemble exhibits. The entire museum floor will have to be cleared and replaced because of the water damage.

“The amount of water and the speed at which it came into the building really made it difficult for us to protect much,” added Mosteller. “We’ve spent a lot of time moving exhibits to prepare for restoration, but we have lost some things. It’s sad to see so much hard work washed away and removed.”

The CHC staff has been working

on exhibits on the current museum floor for more than three years.

“It’s not just about how much these exhibits cost to make, though we’re certainly deeply saddened by that loss,” said Mosteller. “It’s really about the loss of work done by and for the Potawatomi people that is devastating. Several talented tribal members and a dedicated staff contributed to these exhibits for the past three years and now they’re gone.”



All of the floors inside the CHC were pulled up after the flood.

Tell your Congressman to vote for the 477 Initiative

By Margaret Zientek, Asst. Director of CPN Employment and Training

I recently spoke to the United States Senate Indian Affairs Committee about the importance of passing a bill that would make the 1992 Indian Employment, Training and Related Services Demonstration Act permanent, also known as the 477 Initiative.

For more than 16 years, I have been CPN’s Asst. Director of Employment and Training, a program made possible by the 1992 law. This law provides a critical foundation for our tribe in helping get our members, and members of other federally recognized tribes, trained and ready to join America’s diverse workforce. Specifically, it allows tribes like the Citizen Potawatomi Nation to tailor activities into a single program that meets our specific community’s needs. It also reduces administrative redundancies while keeping us in compliance with government accountability standards. Proving what an excellent program it is, the 477 Initiative received the highest OMB PART rating of any

in Indian Country.

In the 2012 fiscal year, the 477 programs around the country served 44,000 individuals, of whom 99 percent were recorded as achieving a positive employment or education outcome. In practical terms, those who entered unsubsidized earned employment an average increase in seven dollars an hour! At CPN we have served more than 5,000 people in three years. Our economic development measures show that CPN’s Employment and Training program resulted in 122 newly created jobs alone.

I went to Congress to push for certain fixes to some of the issues that come up in running such an expansive program. In short, there are problems in key interpretive issues of the original 1992 law. As I stated in my testimony, 477 tribes across this country agreed with Senator Lisa Murkowski and Senator Mark Begich in pushing Congress to amend the original law in order for the law to reach its full potential. We ask that Congress reaffirm its intent to adhere to the original spirit of the law, and allow tribes to:

- Continue to receive funds

through contracts and amendments in line with the Indian Self-Determination Act.

- Not require tribes to maintain separate records that track expenditures by different funding sources. We already combine funds, therefore reporting should also be combined.
- Combine and integrate federal funds to achieve the goals set forth in the original law.
- Allocate funds directly to support economic development and create jobs.

I also passed along 477 tribes’ recommendations to Congress:

- Expand the scope of the original project by including competitive, formula, block grant and designated funds for use by employment and training programs.
- Expand employment, training and related social service programs currently used from other federal agencies.
- Address the timely approval of 477 plans, regulation waivers and dispute resolution so there are clear rules when disagreements arise about the interpretation of the 477 Act.



Margaret Zientek during her testimony to the U.S. Senate Committee on Indian Affairs.

- Insert provisions in the law allowing a tribe to use a single, negotiated indirect cost rate. Current administrative caps on funds from each funding source harm the ability of tribes to allocate funds where they choose.

The intent of the original law is positive, but like all things in life,

further improvements and maintenance are needed to continue moving forward on an unquestionably successful program that gets Native Americans back to work. So write your Congressperson and Senator and tell them that you support amending the 477 Initiative.

City of Shawnee campaign continues despite meeting with tribes

At its latest meeting on April 7, the Shawnee City Commission voted to authorize the City Manager and City Attorney to request formal mediation with other parties regarding sales tax collection. Despite concerns from two city commissioners about the high costs of retaining an out-of-state law firm to perform duties as Agents of the Oklahoma Tax Commission, the City Commission voted 5-2 to move forward with its campaign against area tribes.

During the citizen’s participation and comments portion of the meeting, Shawnee resident and president of Vision Bank, Carl Packwood, cautioned against the City Commission’s actions. “I just think that there are a lot of things that we can spend money on in Shawnee and not spend it all on attorney fees,” he said. “You should really look deep into your soul and into your heart and figure out exactly if this is going to be best for the City of Shawnee.”

In February 2014, City of Shawnee, Okla. officials demanded that four local Native American tribes begin paying a 3 percent city sales tax on goods sold to non-tribal members. The Citizen Potawatomini Nation has the largest retail operation with FireLake Discount Foods. The City blames the tribes’ economic development for decreasing tax revenue.

Since that time, a series of letters and data have been exchanged between tribal and city officials. On March 24, officials from the Sac and Fox Nation, Absentee-Shawnee Tribe, Kickapoo Tribe and Citizen Potawatomini Nation met with City of Shawnee officials at the CPN Cultural Heritage Center. It was

attended by about 50 tribal and city representatives.

“While Mayor Mainord opened his remarks with a syrupy statement to the leadership of the four area tribes about how much the City ‘respects Tribal Sovereignty,’ he then stated the complete opposite,” said CPN Tribal Chairman John Barrett. “He rehashed the original City threat letter to the tribes, demanding that the City of Shawnee be paid because the City is ‘entitled’ to force the Nation to collect taxes.”

A representative from each tribe explained that land on which the tribal governments operate is deeded to the United States and held in trust as federal land and is not part of the City of Shawnee. Tribal representatives also presented information about how sales tax collected on retail sales are used to fund tribal government activities including job creation, healthcare, public safety, infrastructure and education.

“Tribal economic development shouldn’t have to be limited to gaming,” added Barrett. “Tribes have struggled to make economic dreams a reality throughout the years. The boost from gaming has helped tremendously, but tribes must continue to diversify and create a tax base to further economic development and job creation.”

Data from the Oklahoma Bureau of Labor Statistics (BLS) shows that from 2003–2013, the net new jobs in Shawnee increased by 2,045. Seventy percent of these new jobs (1,422) were created by CPN.

“Without tribal development, there is little growth in our cities or state,” Barrett said. “Our 2,200 employees

spend their paychecks in the businesses across Pottawatomie County and Oklahoma, while tribes continue to offer services and economic stimulation through their very presence.”

City of Shawnee officials countered with claims that City sales tax collections for grocery sales are down, saying the CPN’s FireLake Discount Foods was responsible for a \$4 million loss in tax revenue since 2001.

merchandise, and the eventual closing of three grocers in Shawnee.

“We make every effort to shop in our local communities and spend 30¢ of every dollar in Shawnee,” added Barrett. “Our economic impact has reached more than \$522 million and 100 percent of the sales tax we collect stays in Pottawatomie County. Simply put, without tribal job creation, sales tax growth is not possible. This attempt to punish the tribes for their success is a regrettable strategy, a misguided attempt to

Tribes also made payments of \$792 million for improved access to medical care, education, social services and economic development opportunities.

The CPN has begun to flourish because of such strategic planning and stable governance. A clear direction and plan to become the economic engine for our tribe and the communities near us has allowed us to increase our assets from just \$50,000 in 1972 to today’s economic impact of more than \$520 million.




FireLake Discount Foods’ success has drawn the ire of the Shawnee City Commission.

In a previous investigation into the City of Shawnee’s claims that sales tax revenue is down, independent audits of its finances show tax revenue increased each year since 1996, with the exception of the fiscal year 2009-10. The City also failed to consider other economic factors relevant to sales tax collected during the 2000-2004 time frames, such as other retailers reporting food sales as general

stifle economic success that will result in all Oklahomans losing out, no matter what their heritage.”

In the last year alone, Oklahoma’s 38 federally recognized tribes have had a \$10.8 billion impact, and directly employed more than 50,000 people. Tribal payrolls have contributed a total of \$1.5 billion to the state’s economy.

Oklahoma’s tribes are the largest employers statewide. Tribal employees spend their paychecks in thousands of businesses across Oklahoma, while tribes continue to bolster services and economic stimulus by their very presence.




RE-ELECT

DAVE CARNEY

FOR DISTRICT 8

Positive outcomes for the Citizen Potawatomini Nation come from stable governance and thorough oversight.


District 8 Representative Dave Carney has played an important role in both, helping CPN’s government deliver when its citizens need it.



On 6/28, vote for stability, leadership and community.

VOTE DAVE CARNEY.

Paid for by John Barrett



The voices behind “Potawatomi Nation”

Located behind a large counter inside Citizen Potawatomi Nation’s Administration building is where the voices of the tribe, employees Pam Smith and Sheila Goff, connect callers to the tribe’s departments and enterprises. Though callers to CPN probably know them more by their recognizable phrase, “Potawatomi Nation,” Smith and Goff are key cogs in keeping the tribe’s day-to-day operations connected.

Smith, a lifelong resident of St. Louis, Okla., has been with CPN for nearly 18 years.

“Previous tribal employees Donna Loudermilk and Bob Trousdale are the reason I came to work here. I am forever grateful for them asking me to come to CPN. Working here has changed my life,” explained Smith. “I’ve witnessed so many other people’s lives changed here for the better. Whether it was a tribal member,

employee or the community, the tribe has a great effect on so many people. I’ve seen the tribe continue to grow through the years and I’m just excited to be part of it. Citizen Potawatomi Nation isn’t just a job to me, it’s family.”

Goff, a tribal member and kin to the Battese and Lasley family, came with her family to Shawnee, Okla. as a toddler in 1980, and has worked for the tribe since 2009.

“The tribe has literally changed my life. I’m not sure where I or my family would be without them. My mother’s life was saved numerous times by the staff at the tribal clinics,” said Goff. “My brother-in-law worked in CPN’s Child Development Center and knew I needed a job for the summer. He directed me to Lynn Heath at the Employment and Training office in Tecumseh, Okla. Lynn was able to find me a temp position in Administration. I was expecting to go back to Gordon Cooper Technology

Center for the fall semester, but I’ve been here ever since.”

Answering approximately 350 to 500 calls per day, the pair relies on each other to keep the calls from piling up, and after a year and a half working side by side, Smith and Goff have developed a great working relationship.

“Pam is a dream co-worker and is very flexible to work with whenever any type of situation arises,” explained Goff. “She’s dedicated to the Nation and makes my job a pleasure day in and day out.”

Besides answering phone calls and transferring callers, the pair juggles a number of other things that help keep CPN running smoothly. They are responsible for overseeing the administrative office’s automobile fleet, bookings for the tribally-run RV Park and other general use of meeting rooms and buildings at Raymond Peltier Park.



Sheila Goff and Pam Smith, the voices behind CPN.

“Sheila and I do our best to not only assist visitors at Administration, but also direct calls as quickly and accurately as possible,” claimed Smith. “During Family Reunion week, we can receive up to 1,000 calls per day. It can be quite the task but we enjoy it. We love getting to meet many of the callers we have been talking to throughout the year. It’s nice to put a face to the people we get to interact with over the phone.”

Smith and Goff’s position as the first

source of information for callers to CPN also gives them the distinct advantage of knowing many of the day-to-day goings on at the tribe.

“I started a year ago at my position, but a day doesn’t go by that I don’t go to Sheila or Pam for information about something the tribe is doing,” said Assistant Director for Public Information John VanPool. “Without people like Sheila, Pam and the other administrative assistants at CPN, everyone’s jobs would be infinitely more difficult.”

Tribal members eligible for home buyer and refinancing grant

By Sherry Byers, CPN Housing Authority

The Citizen Potawatomi Nation Housing Authority (CPNHA) has a “One Time Grant” available to enrolled Tribal members who are going to purchase, build or refinance a home. This grant is for closing costs or down payment only.

All Citizen Potawatomi Tribal members are eligible for this grant for one time only. The maximum amount available is \$2,125 and does not have to be repaid. The criteria for this program are:

- The grant cannot be used for any type of mobile home.
- The grant cannot be used by convicted felons or for households where other members are felons.
- The home being purchased must be their primary residence and the tribal member’s name must be on the loan.

The completed application must be submitted with the following:

- Copy of borrower’s CPN membership card.
- Copy of the “Good Faith Estimate” from lender.
- Income verification for all

household members (last three to four pay stubs or if they’ve been with the same employer for years, the last two years of tax returns).

- Name of the Closing Entity (Title Co., Escrow Co., Attorney, etc.).
- Completed W-9 form.
- Copy of appraisal (if available).

The application and support information is required in our office at least three weeks prior to the closing date. This gives our office enough time to get the paperwork processed and the check mailed back to the tribal member by the specified date.

To request the application and/or general information regarding the “One Time Grant,” please contact Sherry Byers, Homeownership Manager at 405-273-2833 or at sbyers@potawatomi.org.

In addition to assisting individual tribal members with this grant program, we would also like to see the Citizen Potawatomi Nation’s First National Bank & Trust benefit by originating the mortgage loans. FNB is able to offer most loan programs offered by other lending institutions, except loan types affiliated with predatory lenders.

Please spread the word with your CPN family members. There are still many CPN members who are uninformed about this program and the tribal bank. We receive calls daily from tribal members that never knew about this grant, or that the tribe owns our own bank.

You can get more information regarding loan products and lending requirements at First National Bank & Trust. Please contact Jeff Scroggins, Mortgage Loan Officer at 405-275-8830 or at 1-800-227-8362.

RE-ELECT MARK JOHNSON for DISTRICT 7

Our tribe has thrived because of steady leadership in the legislature. Let’s not change that now.

Stand tall with him this June at Family Festival and re-elect Mark Johnson for District 7 Legislator.



Follow us



Legislator Mark A. Johnson
District 7, Citizen Potawatomi Nation
Mark.Johnson@potawatomi.org
www.markjohnsoncpn.com



Paid for by Friends of Mark Johnson.

Potawatomi cornerstone

By Charles Clark,
Director, Tribal Rolls

Bozho, and welcome to the Potawatomi Cornerstone. This month, we introduce Elizabeth Clift, from the Kennedy ancestral family. Originally from Virginia, Elizabeth moved to Oklahoma in 2008 after her father retired from the Navy. She graduated high school in 2011, and is currently a senior at East Central University majoring in business management and human resources.

Elizabeth’s first real connection with the Citizen Potawatomi Nation came in 2012, when she was accepted in the PLP program. “It was a fantastic experience,” she said, adding that this was the first time she really learned about the tribe, historically, culturally and its economic success and impact in Pottawatomie County.

In March, Elizabeth spent her spring break in Belize on a one-week mission trip with Trinity Baptist Church from Ada, Okla.

“It opened my eyes, where I need to go, what I need to do,” she said.

Though she grew up in a military family, this was her first trip out of the country.

The group stayed in the Cayo District of Belmopan, the capital of Belize, with a population of about 14,000. Away from the touristy Belize City, Elizabeth got her first glimpse of what a third- world nation really looks like.

Most schools are private, religious schools, and cost money to attend. Many of the children in Belize cannot afford to go to

school and have no opportunity. With some help from the government and religious organizations, a select group of boys in their mid-teens are placed in a three-year program to learn woodshop and mechanics.

Elizabeth and her mission group worked with these kids. During the day when they were at school, the mission group would work fixing houses. In the afternoon and evening hours the Baptist Mission would minister to the kids, or as Elizabeth called it, “Vacation Bible School.”

During their time together they would read passages, sing songs and perform skits from Bible stories, not to mention the recreational breaks where play and being kids were just as important.

Though Belize is a tourist location for cruise ships, it is still a third-world country with third-world problems. Its location in Central America, with its vast open water ways and long barrier reef, makes it an ideal place for cartels, and the country is plagued by drug smuggling and human trafficking. Poverty and a lack of opportunities for many citizens create a vicious cycle. These issues are heightened by a government corrupted by nepotism.

For Elizabeth, one of the highlights was cave tubing. If you don’t know what that is, you are not alone. I had to look it up and can confirm, it



Elizabeth Clift.

is what it sounds like.

Cave tubers rent huge blue air tubes with seats on them, don a headlamp, pack a lunch and row through a vast system of caves regarded by the ancient Mayans as a sacred underworld and home to many powerful gods. Used mainly by the cruise lines, this is a unique experience; I have not been able to find any other tour like this.

Asked what advice she would give to those in high school and college, Elizabeth said, “Be as involved in high school as you can be, and that goes for college as well. Both are a unique time in our lives and you should make the most of it.”

After graduation, Elizabeth plans to travel before pursuing a career in human resources. She also mentioned that she would like to work here at the Nation. Since her move here to Oklahoma, she has become close to the Nation and has found a special connection. So, Richard, if there is an opening for her when she becomes available, put her down for serious consideration.



By Daryl Talbot,
Commander

Bozho. This will be a brief report this month while I’m recovering from triple bypass surgery. We had our election of officers at our last meeting, re-electing Bill Wano as Secretary and David Barrett as Treasurer. These officers will help insure our veteran’s organization will continue to be a strong voice and institution for tribal members.

In today’s changing military the young members are learning to adjust to new mission descriptions and continuing changes in the defense department’s struggle to reduce costs and maintain efficiency. It can be very discouraging to new soldiers and sailors. Those willing to stick it out truly need our moral support.

Remember the CPN Veterans Organization is planning a banquet to honor CPN men and women who served in the armed forces during the Vietnam War Era (August 5, 1964 to May 7, 1975). We need members of the Citizen Potawatomi Nation who were in the military during that time to please contact us so we can get a head count for scheduling the Vietnam War Veterans’ Banquet. Contact: Stacy Coon, Cultural Heritage Center 1601 South Gordon Cooper Drive Shawnee, OK 74801-9002

The May 2014 Veterans Organization meeting will be held on the fourth Tuesday at 6:00 p.m. in the South Reunion Hall due to preparations for the Family Reunion Festival the following month.

FREE BUS TO THE ANNUAL GATHERING OF NATIONS

The Citizen Potawatomi Nation will provide free bus travel to the Annual “Gathering of the Nations” for tribal members and immediate families. A bus will leave the CPN headquarters at 6:00 a.m. Tues. Aug. 5 and return home Sun. Aug. 10. It will arrive in Shawnee in the afternoon, Aug. 11.

A \$50/passenger refundable deposit is

required. Tribal members will be responsible for their own food, lodging and incidentals.

To reserve a seat or for information, please call Cathie Hanson at 405-275-3121 ext. 1434, 800-880-9880 or email chanson@potawatomi.org. The deadline for reservations is 5:00 p.m. Mon. July 21. There is limited seating available.



A MESSAGE FROM LEGISLATOR GENE LAMBERT

It has been my pleasure to serve you now for 15 years; nine as your Regional Director and six as your Legislator for District 5.

We have had namings, weddings, funerals, meetings, phone conversations, emails, newspaper articles, a new website and our Citizen Potawatomi song, which you will be hearing along the way.

It has been an honor and pleasure to hear your stories, and to get to know your families and share in our Potawatomi Culture.

You have been a far better teacher to me individually than any other source I have had throughout my life.

This year, I am running for my third term as a legislator. Even though I am unopposed, I want to remind you how important it is to vote.

Please don’t think your vote doesn’t count, because it does. If you will be away in travel this year you can still get your absentee ballot and let your voice be heard. In the meantime I look forward to seeing you all again in our District 5 meetings and at the gathering.

Until then, may each day be better than the next.

Sincere personal regards,

Erice Imogene Lambert

Gene Lambert
Legislator District 5
CitizenPotawatomiNationDistrict05.com



Three sisters recipes

Three Sisters Corn Casserole

- 1 pint sour cream (lowfat or fatfree if you wish)
- 2 eggs, beaten
- 2 Tbs. butter, melted
- 1 cup yellow cornmeal
- 1 tsp. ground cumin
- 1 tsp. salt
- ¼ tsp. ground pepper
- 16 oz. frozen whole kernel corn
- 1½ to 2 cups cooked pinto beans (or canned, drained and rinsed)
- 3 to 4 cups summer squash, diced (about 1 lb.)
- 8 oz. Monterey Jack cheese, diced small (may use reduced fat)
- ¼ cup jalapeño peppers, diced (opt. if you like the heat!)
- Vegetable oil spray

In a large mixing bowl, mix sour cream and eggs together. Add butter, cornmeal, cumin, salt and pepper and mix well. Add remaining ingredients and mix.

Spray a baking pan or casserole dish with vegetable oil spray and fill with mixture. Bake at 350° for 45 minutes, until golden brown.

Three Sisters Enchiladas

- 1 medium onion, diced
- 2 cloves garlic, minced
- 1 red and 1 green pepper, sliced thin
- 2 8 oz. cans tomato sauce
- 2 cups zucchini or summer squash (or both), diced
- 12 corn tortillas
- 1½ cups beans, mashed
- 1 tsp. cumin
- 1 cup shredded cheddar or Monterey Jack cheese (may use reduced fat)
- Vegetable oil spray

Sauté onions, garlic, peppers and squash in oil until tender. Add tomato sauce and cilantro. Turn heat down and simmer for 15 minutes then take off heat.

Mix mashed beans, cumin, and ½ cup of cheese together. Coat a casserole dish with vegetable oil spray. Take corn tortillas one at a time, spread with bean mixture, then spoon cooked pepper and squash mixture down the middle and roll placing in casserole dish with seam down. Repeat with all of the tortillas.

Sprinkle remaining ½ cup cheese over the top of rolled enchiladas, cover with aluminum foil and bake for 1 hour at 350°.

Three Sisters Stew

- Serves: 8 or more
- 1 large butternut squash (about 2 lbs.), cooked and cubed (see cooking tips below)
 - 2 Tbs. olive oil
 - 1 medium onion, chopped
 - 2 to 4 cloves garlic, minced
 - 1 medium red bell pepper, cut into short narrow strips
 - 14 to 16 oz. can diced tomatoes, with liquid
 - 2 to 3 cups cooked or canned (drained and rinsed) pinto beans
 - 16 oz. frozen corn kernels

- 1 cup chicken or vegetable stock, or water
- 2 tsp. ground cumin
- 1 tsp. chili powder
- ½ tsp. dried oregano
- Salt, freshly ground black pepper
- ¼ cup fresh cilantro, minced

Heat the oil in a soup pot. Add the onion and sauté over medium-low heat until translucent. Add the garlic and continue to sauté. Add all the remaining ingredients except the last two, and bring to a simmer. Simmer gently, covered, until all the vegetables are tender, about 20

to 25 minutes. Add squash for the last 15 minutes. Season to taste with salt and pepper. Sprinkle each bowl with fresh cilantro.

Cooking butternut squash:
Remove stem from squash and cut in half lengthwise. Scrape out the seeds and fibers (clean the seeds for roasting, if you'd like). Place the halves, cut side down, in a baking pan (glass for microwave) and fill with ½" of water.

For oven: Preheat the oven to 375°. Bake for 40 - 50 minutes, or until you can pierce through with a knife, with a little resistance. When cool enough to handle, slice and peel, then cut into large dice.



According to Tribal legend, beans, corn and squash are three sisters who only grow and thrive if planted together.

For microwave: Microwave for 10-15 minutes until you can pierce through with a knife, with a little resistance. When cool enough to handle, slice and peel, then cut into large dice.

ATTENTION CPN MEMBERS OUTSIDE OF OKLAHOMA!

Do you know of tribal members in the states outside of Oklahoma who participate in traditional Native American dancing? If so, we want to know about you and your activities. Please get in contact with us by writing to hownikan@potawatomi.org.

VOTE MARK JOHNSON for DISTRICT 7



Citizen Potawatomi across the country have seen better tribal governance and services in recent years, due in no small part to stable leadership from legislators like District 7's Mark Johnson. Let's stay the course in 2014 with one of CPN's most trusted legislative representatives!

Paid for by John Barrett.

Tattoo convention on tribal land successful with assistance of state and IHS inspectors

Legal tattooing in Oklahoma is still less than a decade old. For nearly a century, giving or receiving a tattoo was illegal in Oklahoma, and those who did so risked getting inked in unsafe and unregulated parlors. In 2006, the practice was legalized and is heavily regulated through thorough health and safety checks of tattoo artists, their equipment and parlors. In cooperation with state and federal health inspectors, Citizen Potawatomi Nation’s Health Services broke new ground in the state’s tattooing history by assisting with inspections at the Ink Life convention, a first on tribal land.

“Tribal sovereignty allows tribes to oversee all of the things within its jurisdiction. As a result of that, the tribe has the authority to regulate activities on tribal land,” said Director of Health Services for CPN, Tim Tall Chief. “The challenge is, we have to adhere to the federal government and the state government’s policies on tattooing. But in the end, final decisions and authority lies with the tribe. To our knowledge, nowhere in the country has this particular occasion come up when the state government, Indian Health Services, or a tribal government have teamed up.”

Tall Chief, who has worked in both tribal and state health services throughout his career, was undaunted by the challenge of holding a first-of-its-kind event on tribal land at the Grand Casino Hotel and Resort.

“We fashioned CPN’s policies around the state of Oklahoma’s

laws that govern tattooing. The state’s laws were converted to be the tribe’s brand new tattooing policies, and we anticipate sometime in the next tribal legislative session these will become laws rather than just policies,” added Tall Chief.

Director of Indian Health Services, Capt. Danny Walters, RS, MPH, was one of the federal government’s inspectors overseeing artists and their equipment during the three-day event.

“From IHS’s standpoint, tribes in the state of Oklahoma have the option of running their own program with federal dollars that come from Congress. Right now, CPN receives direct services from IHS on all environmental health issues,” said Walters. “We also regulate their clinical settings and that’s where we come into play for the tattoo convention.”

IHS oversees and regulates tribal sterilization practices, radiation protection and infection control procedures. The latter is especially important in medical and clinical settings, necessitating IHS’ expertise in helping prepare for Ink Life.

“The inspection process helps to ensure that sterilization procedures are where they should be for tattooing,” Walters added. “The great thing about this event at CPN is this is first time the Oklahoma City area IHS has administered a tattoo event. With this being new to us, we turned to our state partners and asked for their help. They



The state, federal and tribal health inspectors at the 2014 Ink Life Tour.

trained us and we learned what to expect during these types of events. This should serve as a catalyst with future tattoo conventions when they happen in other tribal jurisdictions in the United States.”

Deputy Commissioner of Protective Health Services for the Oklahoma State Health Department Henry Hartsell Jr. and his team fielded a number of questions and concerns from CPN and IHS inspectors.

“We are very pleased to have this opportunity to collaborate with CPN and IHS to make this event a

success,” said Hartsell. “The state health department recognizes that education is an important component of what we do to safeguard public health. We’re helping to ensure that people that are serving the public are aware of current public health practices, including sanitation infection control. This is a great opportunity for us to share that educational information with CPN and IHS to make this event as successful as it can be.”

The event was held April 11 to 13 at Grand Casino Hotel and Resort.

More than 100 tattoo artists and 3,000 guests visited the Grand Event Center for the weekend-long tattoo and music event.

“Speaking on behalf of our health services, Citizen Potawatomi Nation appreciates the consultations from the state of Oklahoma and IHS,” said Tall Chief. “Without their help we would have not been able to make this event possible.”

Wadase update: May 2014

After having a chance to sit down and review more than 10,000 photos, 7,000 GPS coordinates and all telemetry data in 365 days’ worth of information gathered in four extreme Oklahoma seasons, one thing is clear: We will be telling Wadase Zhabwe’s story and the small part we have been fortunate enough to play in her life for years to come.

There have been moments when we questioned our decision to release her and moments that we wondered why we were ever unsure about that decision. We can sympathize in part with how parents must feel sending their kids off to college or how terrifying leaving them on that first day of kindergarten must be. The world can be a dangerous place, but today we can definitively say Wadase is thriving in the wild. We have sat with her through severe storms, looked on as she found safety from the rising flood waters perched atop the wigwams in the

aviary pasture, offered her a good meal in the dead of this icy winter, but most of all we have marveled at her progress.

In a year, she has mastered grabbing turtles and fish from the river in one graceful swoop to soaring to heights well over 6,000 feet, which is just shy of the highest point that she will ever fly. We laugh looking back at the first time that she grabbed food in flight from the feeding platform successfully and how happy we were. We jumped up and down high fiving each other like we had won the lottery. She has surpassed all of our expectations.

While it is bittersweet that she depends on us less and less there is no greater satisfaction than to see her do so well and thrive on her own as the Creator intended. We had not seen Wadase in nearly three weeks and as we tracked her this past month we noticed she ventured east near Henryetta. We suspected she could be heading for Lake Eufaula, however, something must have gotten her attention because she circled back to Wetumka. After taking a closer look at Google Earth we noticed she had spotted a fish hatchery and her latest GPS had her perched right near the bank of the ponds. The following day we went to see the area and to open a tab for her at Harbin’s Fish Farm. Although the owner said that wasn’t really necessary, we all had a good laugh. Shortly after our trip east to check on her, she showed up early

one morning and spent the entire day here at the aviary. She had been gone 28 days since her last visit. We lost sight of her near dusk when she flew north towards the river to roost. She arrived the next morning and did the same thing as the previous day. The majority of her day was spent sitting on the aviary or in her favorite crook in the tree out front but on several occasions she would fly around the enclosures and land on a large, fresh pile of dirt that had been brought to fill in areas of the aviary grounds that have settled as a result of last spring’s floods. She seemed pleased we had put such an interesting new perch out front in her absence. On the fourth day she left the aviary after noon and flew north of I-40 towards Johnson along the river. She then continued on past Stroud, Cushing and places further north past the Cimarron Turnpike. Finally she reached the Arkansas River near the town of Cleveland, just west of Keystone Lake. Migration has started for wintering eagles and many are making their way back north and young birds here in the state are near fledging and will be leaving their nests soon. There is no real answer to what has taken her so far north on such a straight path yet. We have to wonder if those last four days spent here at the aviary were spent resting for a long journey that lay ahead. In the mean time we wait for telemetry. We are hopeful that her GPS backpack will stay on into her young adulthood so that we may continue to follow her progress



Wadase perched outside of the eagle aviary, listening to her former roommates in the enclosure.

long after her days with a backpack. We hope to learn where she will spend her summers and the migratory path she will take in the winter should she choose to migrate rather than remain in Oklahoma and what territory she will claim and return to each spring to nest and to raise her young. We look forward to what we can learn about young bald eagle behavior and their success rates in the wild.

In the past year we have been fortunate enough to see her here at the aviary 146 days. To share that much time and space watching Wadase learn, gain strength and skill, and witness first-hand what

it takes for a young eagle to make it on her own has been nothing short of amazing! Never have we witnessed such strength and resilience in any other creature. It is obvious why our ancestors looked to the eagle as our great messenger, carrying our prayers.

Please continue to keep an eye on the skies as Wadase Zhabwe ventures a little farther each month. The many reports of sightings throughout Pottawatomie County have played an intricate part in monitoring her success. For more information or to read previous updates please visit potawatomi.org/about-wadase.

Did you know the Hownikan comes in a digital format?

The Hownikan offers subscribers the option of a print or digital copy of their newspaper. If you would like your CPN newspaper sent via email rather than in print, please email your name and address to hownikan@potawatomi.org and let us know.



Diabetes and the Native American community

Diabetes prevention imperative for Native Americans

According to the American Diabetes Association, American Indians are more than twice as likely to develop diabetes than other races. ADA estimates that 30 percent of American Indians have pre-diabetes, while 95 percent of American Indians have Type-2 diabetes. Unlike Type-1 diabetes, Type-2 develops over time through an unhealthy diet and lack of exercise. With these statistics rising over the past few years, this disease is something that all Native Americans should be aware of.

Citizen Potawatomi Nation and FireLake Wellness Center offer help and information to assist Tribal members and employees prevent diabetes.

“CPN uses both the Beginning Education about Diabetes program and the Healthy Heart program to raise awareness and help prevent complications with diabetes,” said Torie Fuller, CPN Dietitian MS RD/LD. “Diabetes is one of the most prominent diseases in Oklahoma. We can help prevent it through lifestyle changes by teaching people how to eat right and showing them how to exercise.”

Fuller encourages those with diabetes to do research and find out what they can do to live a healthier lifestyle. Individuals can take several steps towards this goal, including going to the doctor for regular checkups and eating a more balanced diet.

www.ChooseMyPlate.org, a website run by the USDA, is another resource providing information on healthy eating. Increasing vegetable intake and eating less meat and grains are just a few of the many elements Choose My Plate recommends in order to help prevent diabetes.

Thirty minutes of daily exercise is the minimum needed to help prevent and manage diabetes. In order to lose weight, a minimum of 90 minutes of exercise will improve a person’s ability to prevent diabetes and have an overall higher quality of life.

Family history, being overweight, inactivity and old age can put anyone at risk of developing diabetes. Statistics show that Native Americans are automatically at risk and CPN has the information and encouragement to help.

“We see a wide variety of patients from dietetics, to healthy heart and diabetes patients. Our goal is to find out what patients want to fulfill in their life through bettering their health,” said Fuller. “We don’t want a patient to go on a diabetic diet for a short time; we want patients to make lifestyle changes for the rest of their lives.”

For more information, visit the American Diabetes Association website at www.diabetes.org or contact Torie Fuller at the FireLake Wellness Center at 405-395-9304 to see if you qualify for CPN diabetes prevention services.



By going to www.ChooseMyPlate.org, people can find numerous resources on eating healthier meals.



CPN’s Torie Fuller leads the latest cooking course.

CPN dietitians hold cooking classes for individuals with diabetes

Since Nov. 2013, the Citizen Potawatomi Nation Diabetes and Healthy Heart programs put on a cooking demonstration for individuals suffering from diabetes. Healthy Heart Coordinator and Dietitian, Torie Fuller MS RD/LD, has coordinated the monthly demonstrations along with help from other dietitians and interns from FireLake Wellness Center.

Because Native Americans have a higher likelihood of developing diabetes, it is important tribal members learn how to lead healthier lifestyles. That learning starts in the kitchen.

The cooking demonstrations put together by Fuller and her team introduces healthy meals that are easy to make.

“The last cooking demo we had introduced parsnips, which is something new for a lot of people,” said Fuller. “We let attendees try it raw and then cooked, and a lot of people were surprised that it was something that they actually enjoyed. Many people

admitted if they saw parsnips in the grocery store they would think that looks strange and wouldn’t want to try it.”

Fuller added “Every time we have a cooking demo we want to introduce something new. We want to show people easy recipes so they can go home and use what they’ve learned. From the last cooking demo we had, several people said they enjoyed it and plan on coming to the next one.”

In order to attend one of the cooking demonstrations, individuals must be enrolled in either the Healthy Heart Program or CPN Diabetes Program. The demonstrations last around an hour and typically involve three different meals prepared for the attendees.

The next cooking demo will be on May 28 at 2 p.m. in the CPN Behavioral Health building located near the CPN Health Clinic. To sign up for the next cooking demo or general diabetes questions contact Torie Fuller at 405-395-9304.



FIRELAKE DESIGNS

NOW OPEN AT NEW LOCATION!

Want to design a t-shirt or add a logo to your new business? Mindee Todd and Jamie Johnson are looking forward to showing you all the new products at FireLake Designs!

Darek Johns, our in-house graphic artist, can help you design and build your new logo, team uniforms, school spirit/family reunion shirts and much more.

We are so excited to have this opportunity to serve our community. See you at Festival!

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Extended hours! Monday – Friday 9am – 6pm
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ELECT
MICHAEL BOURBONNAIS
DISTRICT 7 LEGISLATOR



CITIZEN POTAWATOMI NATION


VOTE TO:

- **Defend Citizen Potawatomi right of self-governance**
- **Support our Nation’s economic diversification**
- **Provide quality education and career opportunities**
- **Expand your Nation’s health and human services**
- **Honor CPN heritage, language, and cultural identity**



CPN’s founding Bourbonnais, Peltier and Anderson families

VOTE FOR CLYDE SLAVIN
For District 8 Representative
To your Citizen Potawatomi Nation
Legislature



Looking southeast toward Oklahoma. Mt. Hood in Oregon from Vancouver, Washington next to the Columbia River

District 8 Voters
Call CPN at 800-880-9880 to request a registration form to vote. You still have time to make the process work.

Mid-Atlantic and southeast district gatherings

By Eva Marie Carney, District 2 Legislator

In March and April we had three Mid-Atlantic/Southeast gatherings. The first, which I co-hosted with District 1 Rep. Roy Slavin, started on a historic cobblestone street in lower Manhattan, with a brunch, and moved on to the National Museum of the American Indian in New York City and a great exhibit on Anishnaabe art. Forty of us had a great time together and learned a lot about Woodland art (the exhibit book, *Before and After the Horizon: Anishnaabe Artists of the Great Lakes*, is now in my library if you wish to borrow it; the exhibit runs through June 15, 2014 and is worth the trip), and we enjoyed sharing information about our families and how we all wound up on the East coast.

The second was in Orlando, FL in late March. Thirty of us gathered for a meeting full of warmth and story-swapping. Tristan, our youngest attendee, immediately bonded with his honor blanket; Kate Jamarillo was gifted a Pendleton travel bag for traveling the farthest; and Stella Malone was gifted two blankets: one (an afghan with the CPN seal) for her work securing the meeting location, and another (Pendleton) blanket for honoring us as our

wisest Potawatomi in attendance. Dennis Johnson and his family offered to find a 2015 meeting location on the West Coast of Florida (likely Clearwater), so look for details about that event as the time gets closer.

The third meeting was in Charlotte, N.C. The format was a seminar-style set up, ably arranged by CPN member Scott Holzmeister and his wife Debb. Everyone shared information and ideas and embraced those for which this was their first-ever Potawatomi event. I showed two DVDs made by Curtis Grant, "Coming Home" (highlighting our enterprises) and "2013 Family Reunion Festival" (coverage of last year's Grand Entry). Ralph Bazhaw was honored as our wisest attendee, and set the meeting tone by offering an opening prayer in Potawatomi; Bill Anderson of Carrollton, Georgia travelled the farthest.

Thank you to all who joined in. The photos here are a small sample of what's available under the photos tab on my website. I hope to see you at a future District 2 Gathering!



Rep. Eva Marie Carney presents Stella Malone with a CPN afghan as a thank you for organizing the meeting.



Posing at the start of our NMAI tour.



Bill and Kelly Anderson (GA), Cheryl Tecumseh (OK).



Sheila Kelly and her friend Edye present Rep. Carney with the book "Two Worlds: Lost Children of the Indian Adoption Projects."



Rep. Carney with Ralph Bazhaw (NC), wisest meeting attendee.



A portion of the Orlando meeting attendees.

Grilling tips for the summer



Not many will use a grill this large, but regardless of whether you're using one or holding a hotdog over a candle, always take the proper precautions.

By Jason Boyce, Buyer, FireLake Discount Foods

The cold is gone and the heat will soon be on. With spring and summer coming, many people are asking themselves, "What am I going to do, grill or smoke?" As one of the main organizers for the FireLake BBQ Cook-off, even I always have a hard time deciding, as I like both. Whatever you choose though, there are a few things to check before you get started.

- **Is there a burn ban?** In Oklahoma, this is always the first thing you should check. If there is a burn ban in effect, the best case scenario sees you just get a ticket for grilling with a flame. Worst case scenario, you end up on the news in handcuffs.
- **Is the grill clean?** For both sanitary and safety reasons, having a clean grill is important. No one wants to eat food that has been stuck to a grill for a few days, and they are also a potential fire and smoke hazard.
- **Do I have enough propane, charcoal or wood?** Like pouring a bowl of cereal before seeing if

you have milk in the fridge, there are few things in life worse than running out of fuel before your meal is cooked.

- **What are you going to cook?** It's great that you have all that fuel, but it won't do you much good if you forget to buy the food you want to cook.

Smoking with hickory, pecan, apple or any other wood is great, regardless of whatever you choose. Just like charcoal, smoking with wood may take a little longer, but it'll be well worth the wait if done properly.

On the other hand, cooking with charcoal results in a great flavor but, again, it may take a little longer.

Cooking with gas has its advantages, like being easy to light. That means your grill is ready to go in minutes.

So let's say you have decided to use the gas grill. Something to keep in mind is to have your food and cooking utensils ready to go. Always stay close to your grill in case of flare-ups. Another reason to always keep an eye on it is

because of that one brave dog we all have who is unafraid to take that steak right off the grill when you turn your back or go inside because you forgot something.

Keep in mind that most gas grills will have hot spots on them, so start out at the hottest spot and move to the cooler ones to finish off your meats.

Cooking your meats to the desired temperature is something that comes with lots of practice, as there is no set time to cook a steak or hamburger. There is one old trick a cook once told me about that I use. If you start at your wrist, press down, and that will be how a well done steak should feel. As you work your way up your arm about an inch at a time, you will feel how medium well medium and rare should feel. To cook the most tender meat, slow and low temperatures are best.

Good luck with your summer grilling, and remember this old grilling adage: Not everybody will like your cooking. But the ones who do will always come back, while the ones that don't end up leaving more for you!

VOTE DAVE CARNEY FOR DISTRICT 8

★ STEADY LEADERSHIP BUILDING COMMUNITY



NARDISSE M. JUNEAU. Dave's Ancestor Nardisse M. Juneau



★ SHARING CULTURE OUTREACH & COMMUNICATION



Firekeeper Luke with Dave in Wasilla, AK.



Dave with Kelly Lynch in Seattle, WA.



Dave with art contest winner Evonne Lowery, of Eugene, OR, in the summer of 2013.

I ask for your vote to continue building our District 8 community. It's been my honor to serve you. www.dave-carney.com



GOVERNMENT

Gtegangises (May 2014)

People of the Fire

District 7 incumbent Mark Johnson carrying on family tradition



Mark Johnson is running for his second term in the Legislature.

Serving as a representative for any legislative body can be a challenging role. But being a legislative representative for a government as unique as the Citizen Potawatomi Nation is a test all of its own. With members scattered across the United States, legislators outside Oklahoma face enormous logistical challenges in getting their constituents services that are readily accessible for their counterparts closer to CPN headquarters.

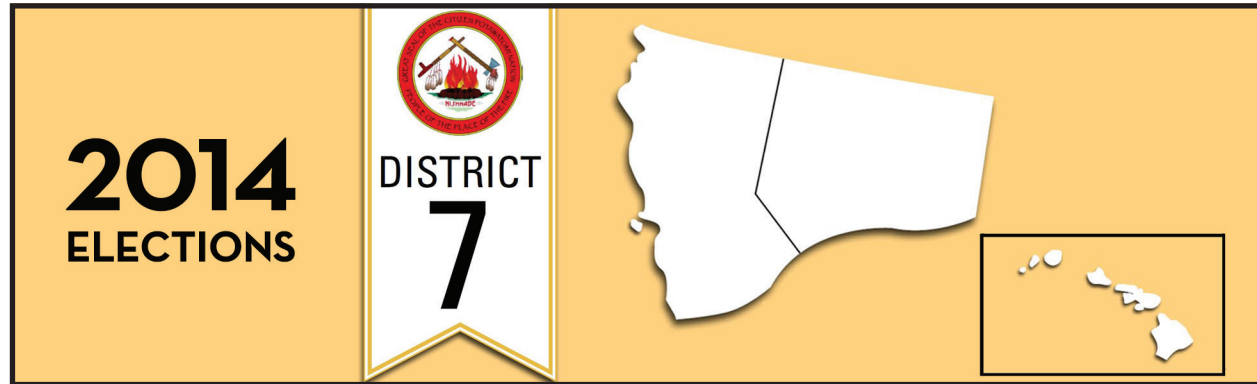
District 7 incumbent Mark Johnson understands the frustrations that many CPN members have about the distances between them and Tribal services available to those in Oklahoma.

“The hardest part of my job as a legislator is not being able to fulfill the needs of our members in the western U.S. 100 percent of the time,” he noted. “I spend a good deal of time problem solving for our members and helping them tap into other resources outside of the tribe.”

Those concerns are not a new phenomenon, as Johnson has surely seen firsthand. His father Richard Vincent Johnson, born in Tecumseh, Okla., was part of the Depression-era migration of CPN members who sought better opportunities in California. Yet in those days before jet airliners, Johnson’s father made it a point to remain connected to CPN, often travelling back to his home state to attend to family and Tribal matters.

In 1972, his son Mark accompanied him on one such trip, exposing the future legislator to the challenges the Tribe faced in remaining solvent and controlling its own destiny. Seeing elders navigate the lean times prior to the 1975 Indian Self-Determination and Education Assistance Act left a lasting impression on Johnson as he grew up in his hometown of Sanger, Calif.

The family’s tradition of civic duty carried past tribal governance, as seen in Johnson’s choice of a



career. For more than thirty years he has served as a firefighter in California. Currently the head of the Fresno-Kings Unit for the California Department of Forestry and Fire Protection, Johnson is responsible for the deployment and preparedness of the unit’s emergency response personnel and equipment. He oversees the operations of 21 full-time fire houses whose staff respond to an average of 14,700 incidents a year.

“I would do the job for free if I did not have a family and bills,” said Johnson. “The job provides a great deal of satisfaction in helping our fellow citizens. Generally we deal with people who are having the worst day of their lives and we have the ability at times to make a dramatic positive impact on their lives.”

That ethos, combined with his own experience trying to access some of the Tribe’s education assistance as a college student, are what initially prompted the Vieux family member to run for the CPN Legislature in 2010.

As Johnson recalled, “I tried to get some information from our then-regional representative about college assistance, and I never heard back from him. It was an experience that really stuck with me, and when I decided to run (in 2010), it was in the back of my mind. It is why I’m always working to get as many services and programs available to Potawatomi in California as I can.”

Though his initial run at CPN office went down to the wire and was decided by a run-off, Johnson emerged the clear winner with 54 more votes than his opponent. Now entering what is technically his third race for District 7’s seat, Johnson says he just wants to reciprocate the positive impact CPN has had on his life.

“Truly, I just want to give back. I’ve gained so much from being Potawatomi and from being a legislative representative for District 7. If re-elected, I’d continue the work I’ve been doing in informing members of what services they have access to. I’d also continue providing guidance to our members’ interest in their cultural and family histories. Being able to see people make those connections to their heritage these past four years has been extremely rewarding.”



Mark and his father Richard.

Fresno’s Michael Bourbonnais seeks to keep tradition alive in District 7 run



Michael and Chairman Barrett during the 2013 Festival.

Not all stories start off the same, and Michael Bourbonnais’ certainly began in a unique manner. The challenger for District 7’s legislative seat started off his interview by introducing himself in the Potawatomi language.

“Bozho. Nin se Michael Bourbonnais. Mnogabwumko Nishnabé ndeshnekas. California ndoch bya. Fresno édayan. Bodéwadmi ndaw. Shishibéniyek ndebendagwes.”

Roughly translated, it means “Greetings. I am Michael Bourbonnais. My ‘Indian’ name is Mnogabwumko. I am from California. I live in Fresno. I am Potawatomi. I belong to the Citizen Potawatomi Nation.”

The attention to detail reflects the speaker’s devotion to his Potawatomi heritage, which began at a young age. Born in Sacramento, Calif., Bourbonnais was adopted at the age of four by his late paternal grandfather, Carroll Shabaunia Bourbonnais, who was Citizen Potawatomi. Carroll’s parents and his four grandparents were Potawatomi as well.

Being raised in the home of a tribal elder who personally witnessed the abuses Native Americans endured due to policies of the state and federal governments had a lasting impact on young Bourbonnais.

“I grew up with people who experienced bias and struggled,” he recalled. “I heard the stories and understand how deeply the impact of systemic prejudice was on us Native people.”

Far removed from the Tribe’s home in Oklahoma, Bourbonnais says he didn’t truly feel the connection with “home” until accompanying his grandfather to the old intertribal powwow in 1983.

Though Bourbonnais returned to California and his life there, that first taste of a Tribal gathering left a lasting impression. Thirty years later he experienced the passing of both this grandparents who raised him. He inherited several items related to the Bourbonnais family history. One artifact was an excerpt from a diary of Mary Anne (Anderson) Bourbonnais, resident of the historic

landmark Bourbonnais Cabin during the late nineteenth century. One passage in particular struck Bourbonnais as extremely relevant to his current journey.

“I came across excerpts of Mary Anne’s writings,” he recalled. “She wrote a passage saying they were praying for their grandchildren’s grandchildren. I realized she was talking about us. They were praying about this generation.”

This revelation spurred Bourbonnais to delve into his family and Tribe’s past. He began taking online Potawatomi language and cultural classes. He began building regalia and learning ceremony. Then in June 2013, he returned to CPN for the first time since his initial visit in 1983 to dance and participate in ceremony on his ancestors’ land.

His renewed focus on things Potawatomi has driven the Fresno, Calif. native to pursue a seat in the Tribal legislature, his first run for office at CPN. Bourbonnais says he feels it is incumbent on him to leave a legacy, like his grandparents before him, for his own grandchildren.

“I want to do my part to be a conduit back to our people in Oklahoma, but also back to our heritage and cultural ways,” he said. “Wouldn’t it be wonderful if we could all introduce ourselves to one another in our own heritage language? That is just one simple cultural thing our people can re-learn, and I want to offer that opportunity to them.”

While challengers are always at the advantage of saying what they would do instead of what they have done in office, Bourbonnais is humble in his outlook should he win June’s election.

“I’d first acclimate to the new position, learn what is expected of me in a legislative capacity. Then I would work on outreach, some of which has already begun, to Tribal members in order to start forming ideas on what I could address in the legislature, and begin scheduling some gatherings. But we will definitely be doing some things differently.”



Michael, his young children and his grandfather Carroll Sabaunia Bourbonnais in 1983, the year he first came to Oklahoma.

2014 CPN Reunion Festival Family Interview Schedule

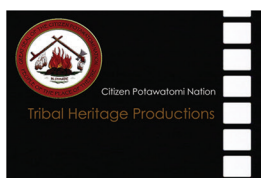
FRIDAY, JUNE 27, 8:00am – 5:30pm
All Veteran & Family Interviews

SUNDAY, JUNE 29, 8:00am – 12:00pm
All Veteran & Family Interviews

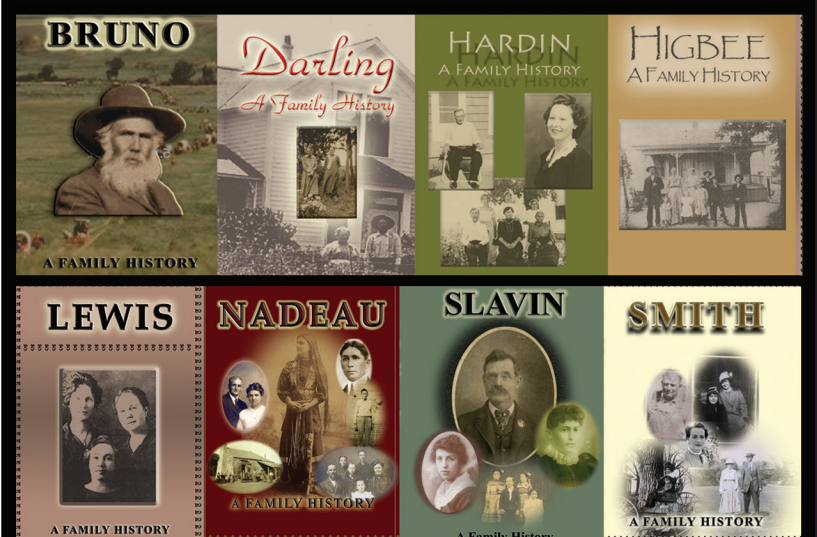
SATURDAY, JUNE 28

| | | |
|--------|-------------------|---------|
| BRUNO | 8:00am – 9:15am | DARLING |
| HARDIN | 9:15am – 10:30am | HIGBEE |
| LEWIS | 10:30am – 11:45am | NADEAU |
| SLAVIN | 1:00pm – 2:15pm | SMITH |

Location for all interviews to be determined.



TRIBAL HERITAGE 2014 HONORED FAMILY INTERVIEWS



As storm season approaches, CPN looks out for its own

By Tim Zientek,
Director of Safety
and Housekeeping

When severe weather strikes, the difference between life and death can be summed up in as little as two words: be prepared. Making a plan for what you and your family will do when severe weather strikes is an important step in being prepared and building a weather-ready nation.

As part of National Severe Weather Preparedness Week, NOAA and FEMA urge everyone to develop a Family Emergency Plan. Before disaster strikes, sit down with your family and decide how you will get in contact with each other, where you will go and what you will do in case of an emergency.

While there are basic elements that should be a part of any plan, it's important to also tailor your plan to the individual needs of you or your family. This is especially important for the elderly or those with disabilities or special medical or dietary needs.

As part of tailoring your plans, consider working with others to create networks of neighbors, relatives, friends and co-workers who will assist each other in an emergency. Discuss your needs and responsibilities and how people in the network can assist each other with communication, care of children, pets, or specific needs like the operation of durable medical equipment. Create your own personal network for specific areas where you need assistance.

We are asking all our Tribal member households to update their addresses, contact information and notify us of their

safe rooms or storm shelters. This last piece of information is important in the event of a disaster, so the Nation can make contact with them to ensure their safety and wellbeing.

In extreme circumstances, CPN could provide local authorities information about the location of the shelters in case Tribal members are trapped inside. Catastrophic events in the recent past have affected many Tribal members, not only here in Oklahoma, but around the country as well.

Because of the unique status of a Tribal Nation's jurisdiction, the CPN can assist members in receiving assistance from many different resources even if they are out of state.

Another reason to fill out the census inquiry on our website (<http://census.potawatomi.org/>) is to enable the Nation to have the accurate numbers in order to pursue numerous grant opportunities.

Because of the devastating effects of last year's severe weather and the number of tribal members affected, CPN was selected to apply for grant funding for tribal members that would provide assistance with the costs and labor of a safe room installation. One of the grant opportunities we have recently applied for is for individual safe rooms. If the Nation is awarded the grant, we would be able to provide a substantial portion of the cost of a safe room to those who qualify.

If that grant is awarded, the Nation will send the requirements for the grant process and application out in a later *Hownikan*.

CPN employees volunteering for safer communities



Tyler Motley, Larry Odell, Mike Petray, Nick Nadeau, Tim Zientek and Jason Boyce.

Mike Petray, Jason Boyce, Larry Odell, Nick Nadeau, Tim Zientek and Tyler Motley all work for the Citizen Potawatomi Nation. Each work in different departments, live in different communities and are from entirely different backgrounds. While there are these differences, the one thing they all have in common is their dedication to their local communities.

Director of Casino Operations at FireLake Entertainment Center, Mike Petray, and Jason Boyce, employee at Firelake Discount Foods, are volunteer firemen for the City of Tecumseh, Okla. Boyce is in his first year at the station, while Petray is in his fifteenth year and is currently that department's assistant chief.

"It was a childhood dream for me to become a firefighter," explained Petray. "Having a regular job, volunteering was a way for me to get to fulfill that dream. You have to enjoy volunteering and getting fire calls to do it and continue to do it. My family understands

my passion for firefighting and that really helps considering the amount of calls we can get at times."

Boyce added, "It's an adrenaline rush to get out there and fight fires. I enjoy the brotherhood feeling I get with the fellow firemen and love helping my community."

Larry Odell volunteers for the City of Asher, Okla. and works in the electrical department for CPN. Odell has been a volunteer fireman for 17 years. "My community came to me and asked if I wanted to volunteer. I'm really glad I chose to because it is something that I love to do," explained Odell. "Working for the tribe, I'm able to immediately help out. It's great to have an employer who understands the importance of community assistance."

Tyler Motley works at CPN's Batch Plant, and has volunteered for three years as a firefighter for Bethel Acres. "I love giving back to the community and my ultimate goal is to become a full-time

firefighter," said Motley.

Nick Nadeau works in Housekeeping for the Tribe and volunteers for the City of Earlsboro, Okla.

"I've been a fireman with Earlsboro for five years now and have loved every minute of it," stated Nadeau. "It's rewarding and exciting to help the community and to be out there knowing you can help people."

As the Director of Safety and Housekeeping at CPN, Tim Zientek's job is solely related to safety and bettering the community. He has been working for the Tribe since 2000 and has been a CPN volunteer firefighter for three years.

"Being a fireman for the Tribe is a great opportunity to broaden the amount of positive things CPN does for the community," commented Zientek. "I'm very proud to be there for the Tribe and to assist other fire stations in the area."

Citizen Potawatomi Nation offers helping hand all year round

The Citizen Potawatomi Nation provides assistance to communities throughout Oklahoma in a number of areas, including emergency response for natural disasters, general labor for businesses, charitable organizations and communities in need.

"When it comes to helping our fellow communities, we are always happy to help when someone asks us for help. We think our reputation precedes us. People know that the Potawatomi are always willing to lend a hand," said Citizen Potawatomi Nation Vice-Chairman Linda Capps. "Our staff provides businesses, charitable and municipal entities with support, not only during emergency situations, but all year round."

More than 175 charitable and civic

organizations received over \$5 million in contributions from CPN since 2005. Those contributions have included monetary and in-kind donations. More than 65 percent of CPN's employees also regularly contribute time and money to local charitable organizations.

"We don't just give money to these organizations. We provide the space, materials and labor to keep several communities and events going year after year," added Capps. "We've helped with everything from delivering water to communities to providing tables and chairs for events and assisting with natural disaster recovery in our area."

In addition to charitable and labor contributions, CPN also helps provide emergency management

for communities in need. Since the year 2000, CPN has helped with more than 33 federally declared disasters and has secured \$1.7 million in funding for emergency preparedness and community response.

Charitable contributions and in-kind support is funded by Citizen Potawatomi Nation tax collections. 100 percent of every sales tax dollar collected by CPN is spent on government services such as roads, services for citizens, healthcare, education, emergency response and job creation.



When tornadoes and floods struck central Okla. last May, tribal employees volunteered lunch breaks and weekends to help out with storm relief.



TIME FOR SAND, WATER & SUN!

Enjoy your time at the pool or the beach even more with a Pendleton towel. These make perfect gifts for moms, dads and grads! Celebrate them all. Towels are \$48 (plus shipping and handling). Towels can be purchased in person, online or over the phone.



FIRELAKE
GIFT SHOP

Find us inside the CPN Cultural Heritage Center
1899 S. Gordon Cooper Drive, Shawnee, OK

Mon. – Fri. 8:30AM – 5:30PM, Sat. 10:00AM – 3:00PM

Contact us: 405-275-3119

Shop online: www.giftshop.potawatomi.org

CPN congratulates our spring 2014 graduates

HIGH SCHOOL

Andrew F. Banta
Family: Nadeau
Okemah High School

Ravi Adam Basappa
Family: Juneau / Vieux
George Washington High School

Jenae Bickford
Family: Ogee
Eastmont High School

Jonathan Elder
Family: Bertrand
Carmel High School

Elizabeth N. Ferdig
Family: Vieux
Shawnee High School

George (Ross) Korzeniewski
Family: Lewis
Clarksburg High School

John Levi Michener
Family: Bertrand
Newton Senior High

Richard Chase William Nourie
Family: Bourassa
Bloomington High School

William Conner Songstad
Family: Macon
Waxahachie High School

Kendra Stewart
Family: Navarre
Hartford High School

Jacob Wylie
Family: Rhodd
Centennial High School

COLLEGE/UNIVERSITY

Robbin Moana Marie Anderson
Family: Anderson
GSAAS
Metropolitan Community College

Lana Joyce Bazhaw Ball
Family: Bergeron
MA in Special Education
Grand Canyon University

Jillian Bartkus
Family: Darling
BA in Spanish, Business minor
(Magna Cum Laude)
St. Edward's University

Megan Bartkus
Family: Darling
BS in Accounting, MS in Finance
(with Honors)
Texas A&M University

Dawniell Black
Family: Pappan
BA in Public Administration and
African-American Studies,
Nation University;
MA in Teaching
California State University, Fresno

Dana Brandon
Family: Pettifer
MA in Social Work
Portland State University

Haley BrinJones
Family: LeClair
BS in Molecular, Cellular
and Developmental Biology,
Chemistry minor
University of Washington

Rebecca Contreras
Family: Bennett / Pensoneau
AAS. Management and AS
Enterprise Management
Oklahoma State University OKC

Lynne Cote
Family: Bourassa / Francouer
MA in Art Therapy Counseling
Southern Illinois University

Anna Dibler
Family: Melot
BS in Biology, Chemistry minor
Southern Illinois University

Eric E. Ford
Family: Curley
AS in Arts
Hillsborough Community College

Amy Holzmeister
Family: Nadeau
BS in Bio-medical Engineering,
certificate in International Affairs
Georgia Institute of Technology

Erin Hrenchir
Family: Juneau/Schwartz
BS in Elementary Education
Haskell Indian Nations University

Sydney Ice
Family: Bourassa/Ogee
BS in Elementary Education
Haskell Indian Nations University

Stefani J. Klein
Family: Tescier
BS in Psychology and BA in Sociology
Kutztown University

Patricia Sue Law-Arredondo
Family: Mars
BA in Social Work
Fresno State University

Krystal Lopez
Family: Pambogo
BA in Psychology
UCLA

Samantha Rose Masquat
Family: Bruno
BA in Psychology, Sociology minor
University of Central Oklahoma

Jordan Moss
Family: Weld
BA in English, Creative Writing
Minor
University of West Georgia

Browning Neddeau
Family: Nadeau
Ed.D. in Learning & Instruction
University of San Francisco

Collette Machado
Family: Ogee
BA in Chemistry
Western Washington University

Paul (Max) Sandlin
Family: Tescier
BA in English
Bates College

Patrick N. Shannon
Family: Pettifer
MA in Social Work
University of Montana

Blake Swiggum
Family: Toupin
BA in English
Illinois State University

Adam Tinney
Family: Scully
BA in Liberal Arts
Southern Virginia University

Brittnie Tipton
Family: Burnett
AS of Science
Northeastern Oklahoma A&M
College

John A. Trevino
Family: Agee
BA in Architecture
University of Texas at San Antonio

Isaac Marc Truelson
Family: Soocey
Doctor of Medicine
Florida International University

Caleb VanVacter
Family: Anderson
BA in Marketing
University of Northern Iowa

Spencer Vaught
Family: Bruno
BS in Journalism, Film and
Media Studies minor
University of Kansas

Angela Maureen Watkins
Family: Burnett
BS in Political Science, BS in
Psychology, Anthropology minor
University of Hawaii at Manoa

FireLodge Youth Council graduates four longtime members in 2014



FYC seniors Gabrielle “Gabby” Rice of Tecumseh, Okla., Marissa Sutter of Dale, Okla. and Allison Creek of Dale, Okla. together on a leadership trip in Branson, Mo.

Gabby, Marissa and Allison have been in FireLodge Youth Council for four and a half years and have grown tremendously, not only in maturity, but also in communication skills, confidence and abilities. Each served on the Ogemak (the leadership committee) and have developed effective leadership skills. All three plan to attend East Central University in the fall and we love the thought that their friendships will likely lead to lifelong relationships. Rice plans to pursue a degree in psychology, while Creek and Sutter intend to get degrees in early childhood education. They refer to the FYC as their “second family” and although it will be painful to let them go, we have no doubt they will pursue their dreams and go very far in this life!



FYC Senior and current Cultural Mentor with the Cultural Heritage Center at CPN, Taryn Haney of Tecumseh, Okla.

Taryn has been a member of the FireLodge Youth Council since August 2010, has served as a Staff-in-Training during the summer of 2013 and now, after graduating a semester early, works part-time as a Cultural Mentor. Taryn is an excellent mother to five month old son, Brody. She plans to attend Seminole State College in fall 2014 and hopes to pursue a degree in nursing. Her goal is to be a prenatal nurse, and with her drive and her commitment to others, we know she will be successful.

DAY OF CHAMPIONS
DISCIPLINE | RESPECT | TRUST | HARD WORK
presented by
POTAWATOMI NATION
FOOTBALL
CAMP
JUNE 30 - JULY 1 2014
8AM - 3:30PM
AGES 7-14
NATIVE AMERICAN TRIBE AFFILIATION
(CDB OR TRIBAL AFFILIATION CARD DUE WITH APPLICATION)
Firelake Ball Fields
18160 Ridgeline RD
CAMP SPONSOR

POTAWATOMI NATION OF OKLAHOMA

CAMP INFO:

Each day includes position skill instruction, strength & conditioning drills, nutritional instruction, and individual & team competitions.

AGES: 7 - 14

DATE: JUNE 30TH - JULY 1ST TIME: 8AM - 3:30PM

COST: \$15.00 (Max Camp Capacity: 150 Campers)

CHECK IN: 7:30am* CHECK OUT: 3:30pm

Firelake Ball Fields 18160 Ridgeline RD

*CDB or Tribal Affiliation Card Due With Application

CAMP FEATURES:

- Camp instruction from current and former college and NFL coaches and players
- Guest speakers
- Lunch provided both days
- Camp t-shirt
- Campers should bring water with name on it
- Fantasy Day - July 1: Campers bring parent/guardian to participate in camp together

CAMP HIGHLIGHTS:

The **DAY OF CHAMPIONS FOOTBALL CAMP** experience is beyond just athletic skill enhancement, it provides one-on-one mentoring and coaching in athletics, health, fitness, life choices and the four principles of leadership: **DISCIPLINE, RESPECT, TRUST & HARD WORK**. Character, responsibility, goal-setting, dedication, hard work & integrity are themes throughout the camp and serve to motivate each camp member to reach their full potential on and off the field.

Each position is taught and supervised by **DAY OF CHAMPIONS** football staff, made up of some of the top Division I-II-III & NAIA collegiate coaches in the country, along with past OU football players, and past & current NFL players. Players from experienced athletes to youth just learning the game will enhance their skills & learn basic fundamentals geared to their age and skill level.

The **DAY OF CHAMPIONS FOOTBALL CAMP** is devoted to helping young people believe in themselves and live a healthy and active lifestyle.

REFER ANY QUESTIONS TO SARAH LAWERANCE - SKESSLER@POTAWATOMI.ORG

Citizen Potawatomi Community Development Corporation

CPCDC NEEDS YOUR INPUT!

Citizen Potawatomi Community Development Corporation (CPCDC) is conducting a survey to better understand the financing needs of CPN members across the United States, CPN Employees and other Native Americans in Oklahoma.

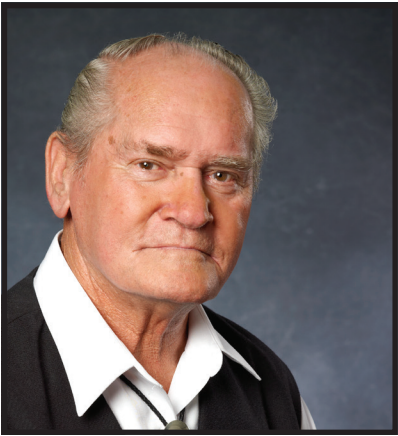
Please go here to take the survey online:
<https://www.surveymonkey.com/s/KQCP7HL>

A paper copy of this survey can also be requested by emailing: info@cpcdc.org.

As a thank you, two survey respondents will be eligible to **WIN A \$50 FIRELAKE GIFT CARD.**

Your participation is appreciated!

District 1 – Roy Slavin



Bozho Nij-Neshnabek,

I am saddened, as are all the Slavin family, by the loss of a family member, Marjorie Guerich. As an elder of the Citizen Potawatomi Nation, Marj was extremely proud of her Native American heritage. A devout Roman Catholic, she was an avid supporter of the Society of Jesus (Jesuits). During the Jesuit-Potawatomi Days in October 1998, she oversaw the preparation for St. Mary’s (Kansas) celebration of the 150th anniversary of the local Jesuit mission’s founding. Marj lives on in our hearts.

As I write this I am alternating between the phone, pen and paper. District 4 legislator Jon Boursaw and I are preparing a joint area meeting for

our District 1 and 4 members. The meeting will be June 7 from 10 a.m. to 3 p.m. at the VFW hall #846, 8804 Grant Ave., Overland Park, Kansas. Lunch will be served by the men’s auxiliary. I might add, if it’s anything like past lunches prepared by the VFW, it will be great. Also of interest, the post commander informed me they would be retiring a flag prior to our meeting. When they retire a flag, a fire is prepared then the flag is torn into strips, each person in attendance is given a piece of the flag. The remainder is then placed in the fire and each person is then invited to place their piece of the flag in the fire and say a prayer for a fallen warrior. Come early so we have time to visit and participate in the flag retirement ceremony.

I have written on diabetes in this column before. Native Americans as a race have a higher risk of developing diabetes. As we age, we are all more at risk for developing diabetes, stroke and heart disease. We can’t do anything about aging, but we can do something about the disease. According to the Center for Disease Control and Prevention in America, research shows that walking as little as thirty minutes a day can reduce our risk of developing these diseases by as much as 40 percent. I’ve talked the talk, now let’s walk the walk and take Native Americans out of these risk groups!

Please! I need all my District 1 members. Let’s walk! If 30 minutes a day is good, think of what an hour

would do! Check out the articles on page 7 of this *Hownikan* to learn more about how to prevent diabetes.

I will close this article as always with a plea for your contact information. Due to privacy issues the Nation cannot provide me with that information. I can be reached at the address below.

Egwen,
Netagtege (Always Planting)

P.O. Box 901873
Kansas City, MO 64190

Toll free: 888-741-5767

RSlavin@potawatomi.org

District 2 – Eva Carney



Bozho nikanek, District No. 2 Citizens,

It’s been a great month of travel to New York City, Orlando, Fla. and Charlotte, N.C. Thank you to Stella Malone in Orlando and Scott and Debb Holzmeister in Charlotte for securing the meeting locations and graciously hosting all of us who attended. Everyone I met was warm and eager to connect; please continue to keep in touch! I also got to visit with my cousin and his wife in New York and with my godmother/aunt, and several cousins and their families, all living in Cape Coral, Fla. These were lovely reunions. Elsewhere in the paper are meeting photos and more can be found on my website, www.evamariecarney.com, under the ‘Photos’ tab. I will be boxing up my

traveling shoes now, until June – and the Family Festival – rolls around!

For anyone in District 2 who is interested, I administer a private Facebook group that currently has 112 District 2 members. It is a place to connect with CPN folks who may be local to you. If you “friend” me on Facebook and let me know you are interested I will invite you to the District 2 group.

Next month I’ll run some more photos from my photo calendar contest, and announce the top prize winner. If you entered you will receive a calendar made up of the entries I received.

I don’t usually mix my securities law practice with Potawatomi business, but this week I saw investor alerts relating

to securities and commodities fraud scams, and I need to warn you about them. The one from the SEC focuses on a South Florida “Ponzi”/pyramid scam featuring a YouTube video that indicates it is a really good idea (it’s not!) to invest in “Virtual Concierge Machines” and earn a 300-500 percent return on investment. (Investors lost their money.)

The other, from the CFTC, focuses on a scheme to trade foreign currency contracts (or “Forex” trading), something not for people that don’t understand the currency markets. (This scheme also lined only the schemers’ pockets.) Please heed the regulators’ warnings. Remember that get-rich-quick schemes almost always are frauds. Don’t let the bad guys take your hard earned cash!

Please send me your contact details. I’d like to add you to my mailing list. I look forward to seeing many of you in Shawnee in June, particularly members of the 2014 Honored Families – the Bruno, Darling, Hardin, Higbee, Lewis, Nadeau, Slavin and Smith families, any Juneaus who can make it, and folks in the Byler/Henry/ Daugherty and Canterbury families!

Migwetch,
Eva Marie Carney/Ojindiskwe (Bluebirdwoman)

The Portrait Building
701 8th Street, NW
Washington, DC 20001

Toll Free: 866-961-6988

ECarney@potawatomi.org
www.evamariecarney.com

District 3 – Bob Whistler



Bozho nikanek,

As the deadline for our federal tax filing for last year just passed, it reminded me that there are laws that most of us are unaware of that do some good and help us out.

Texas has some very liberal laws that most other states don't have, which can be used to protect assets from future estate tax. One I recently learned of is "The Lady Bird Deed" which was created by Mrs. Johnsons' legal advisors to reduce some of the tax

liability on the Johnson estate when she walked on.

Her property was re-deeded in the names of her children while she was still living and residing on the property. When she passed, that property was no longer a part of the estate and subject to the estate tax. You need to use a real estate or trust attorney for this and the cost is currently around three hundred dollars. When you make this change, your county tax assessor is going to say that any senior or homestead exemption no longer applies since the property is now owned by another party and most likely the new owner is not a senior. However, if the senior is still living on the property, then the senior exemptions still apply as long as they reside there and have not walked on.

For many of us, this particular option may not be a benefit due to the \$5 million plus exemption. However, if you have a large estate, ranch, or farm, this type of deed may be something to consider using. Especially since the current federal estate tax is at 40 percent of the net value. The beauty of this type of deed is that this is somewhat of a joint deed, and the parent still has

control of what is going on with the estate. I am not an attorney and am simply bringing this information to your attention as an FYI. You will need to consult a professional attorney for clear advice on how or if this may apply to you and your family.

Over the last few years, I have written about diabetes and its effects. Currently in the United States there are nearly 26 million people with Type-2 diabetes.

There are another 79 million who are pre-diabetic and if they continue their current lifestyle will ultimately become a diabetic. The prescriptions for a diabetic can easily cost in excess \$5,000/year. That is, as long as they take their needed medications once they get to that stage. There are many who are rather lax and due to diet, sedentary life style, and a failure to take medication, find themselves dealing with very serious consequences later. The cost at this point can easily exceed \$100,000, coupled with the potential loss of limbs. The current projected total cost associated with this disease in the US is over \$245 billion annually. This illness is very common for Native Americans, and if you are overweight and get little

or no exercise, you may be a potential candidate for this malady. So, think about the future and if your doctor is warning you about your weight, make the changes he recommends now. Check out the articles on page 7 of this *Hownikan* to learn more about how to prevent diabetes.

Next month, the summer will be with us again and it will be time for our annual Family Festival, the last weekend in June. Moreover, many will be taking trips for their vacations, and may be hundreds of miles from home and the family physician. I just read about a website that may help in finding a doctor or hospital when you are away in an unfamiliar area and need their service. It is: www.itragehealth.com. This site may also be useful in identifying symptoms of medical issues even when you are at home. It offers a symptom checker, conditions, medications, and provider solutions in addition to locating a physician or hospital. I hope you find this little tidbit of information useful.

With our proximity to Oklahoma, I hope to see many of you at our Family

Festival this year. I will be there and look forward to seeing you and getting to know you better. I am honored to be your representative and am here to serve you. This last year, I had many calls regarding how to take advantage of some of the benefits of the Affordable Care Act for personal health insurance. At the moment, the enrollment door is closed. However, it will reopen in Nov. 2014 for the year 2015.

In closing let me again say if you have any area where you feel I can be of help relative to questions about our Nation, please contact me.

Bama mine,
Bob Whistler/Bmashi (He soars)

112 Bedford Road
Bedford, TX 76022

Office: 817-282-0868
Home: 817-545-1507
Cell: 817-229-6271

RWhistler@potawatomi.org

CPN3Legislator@yahoo.com

District 4 – Jon Boursaw



- These services include:
- Medical provider office visits
 - Mental health counseling
 - Medical lab (in-house)
 - Pre- and post-natal care
 - Dental office visits
 - Diabetes prevention program
 - Limited x-ray and lab
 - Substance abuse counseling
 - Prescriptions prescribed by Hunter Clinic providers

Care outside of clinic (i. e., specialty referrals, hospitalization) is not covered.

All you need is proof of Native American Heritage (Tribal Enrollment Card). There is no blood quantum requirement for services at Hunter Clinic. The clinic is required by IHS bill Medicaid, Medicare or the patient’s private insurance before using IHS funds. You may be eligible for additional services and benefits through the Hunter Clinic. For

information contact Vonnie Long at 316-262-3611, ext 1173. The Clinic is located at 2318 E Central Ave, Wichita, KS 67214.

VA Health Care for CPN Veterans: Recently the VA Health Care system signed an agreement with the Prairie Band Potawatomi Health Center which allows for reimbursement to the Center for providing medical treatment to Native American veterans at the Center. To be eligible veterans must be an enrolled Tribal member and registered with the VA for health care services. For more information contact the Prairie Band Health Center at 785-966-8200 or toll-free at 866-694-6728.

Upcoming district meeting: On Saturday, June 7 (10:00 a.m.), I will co-host a Joint Meeting for districts 1 and 4 with Roy Slavin, the District 1 Representative. The meeting will be held at the VFW (Veterans of Foreign

Wars), Santa Fe Trail Post #846, 8804 Grant Ave, Overland Park, KS. Notices of the meeting have been mailed to CPN members in the Eastern portion of the district, but the meeting is open to all CPN members. If you plan to attend please RSVP to Jamie Moucka by e-mail at Jmoucka@potawatomi.org or call 1-800-880-9880. I plan to hold additional district meetings in Rossville and at least one additional location later this summer or early fall.

Tribal-member owned business: Marshall’s Maids. In May 2008, Denise Marshall and her husband, Ralph, rented a small office on Holton’s town square, ran an ad and started cleaning homes. Today, they own their own building, have a staff of 11 employees, service 80+ regular customers and offer their cleaning services in Jackson and surrounding counties. If you are interested in obtaining pricing for her services, call Denise at 785-362-MAID (6243).

Member survey responses: All responses to requests for information have been mailed. I have to apologize for the lengthy delay in completing the replies, but the administrative workload was a little (quite a bit) more than I anticipated. It isn’t too late to submit your survey. Call or e-mail me if you need a replacement copy.

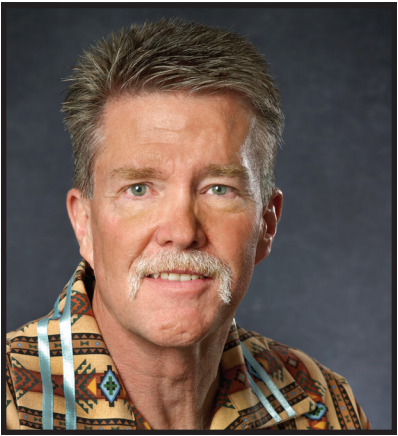
Migwetch,
Jon Boursaw/Wetase Mkoh

Office Hours:
Tues. 9-11a.m., Thurs. 3-5 p.m.
Please call for other times.

Office: 785-861-7272
Cell: 785-608-1908

Jon.Boursaw@potawatomi.org

District 6 – Rande K. Payne



Ahau Jayek,

I do hope this month’s column finds you doing well. A couple of weeks ago, the members of the Legislature received an email from a Rosebud Sioux tribal member. He shared many concerns for his people. Lack of voter participation in tribal elections, members competing to be more Indian than others, lack of unity and poor economic conditions were but a few of the things on his mind.

Ultimately he was asking for help with ways to grow tribal enterprises and create jobs.

Unfortunately, I’m afraid this is way too common throughout Indian country. And I think it is probably fair to say that drug addiction, alcohol abuse and even physical abuse are of epidemic proportions in most Indian communities across the U.S. as well.

It is nothing short of tragic! So how does this happen, and can jobs and a strong economy really fix the problem? I’ve been giving this some thought. I’ve seen tribes with a strong economic base and the ability to create jobs that still have the problems described above. In many cases, money makes the problems worse. At one of the local tribes near me, non-Indians are the majority working in the tribally owned businesses while tribal members are unemployed.

What’s of great interest to me is this: How did our ancestors not only survive but thrive in their world, but we have such struggle and misery in

our world? It might be fair to say that their world didn’t change much, which would enable them to simply pass on successful traditions and life systems from generation to generation. And because they didn’t have to deal with very many major changes or periods of rapid change, they were ill prepared when changes came. But I’m not sure that’s completely accurate either. Certainly the Europeans rocked our world and changed our way of life forever. And just as certain is that not all of the change was bad. I don’t know that I would want to live in a wigwam or have to hunt for my food every day!

One of my favorite Winston Churchill quotes is “the farther backward you can look, the farther ahead you can see.” When I look at what made our ancestors successful in their world, I don’t see tomahawks, spears, fishing nets, bows and arrows, a strong will to survive or prowess in hunting and war. These things were important for everyday life but not what sustained them long term. I see the things that

are *unseen* as the things that gave them direction from one generation to the next. I see a moral code or set of values, or guiding principles if you will, as their most valuable asset. In the case of the Anishnaabe, that moral code is the Seven Grandfathers. I’m sure there are other such moral codes among most other tribes as well.

Many of today’s organizations have some sort of values statement that they try to incorporate into their company culture. I worked 15 years for a corporation that spent a large amount of resources on developing and implementing the company’s guiding principles. Every branch of the company had a huge bronze wall hanging with the guiding principles proudly displayed. Every employee and new hire was given a pocket card with the guiding principles on it. It was obvious this was very important to the leaders of the company.

Looking back I see a people that held “living in a good way” or “walking the red road” or “walking the sweetgrass road” in high regard. The

concept was to live life in the fullest sense, a long life free from misfortune and filled with contentment. I see a people who valued the community as a whole more than anyone individually. The Seven Grandfathers were the ideals, virtues or values that helped them live their life in a good way. I’m out of space for this month. Next month I will continue to explore the moral code of our ancestors, the Seven Grandfathers.

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will direct your paths.” *Proverbs 3:5-6*

Migwetch! Bama pi,
Rande K. Payne/Mnedo Gabo

732 W. Oak Ave.
Visalia, CA 93291

559-635-1039

Rande.Payne@Potawatomi.org

District 7 – Mark Johnson



Bozho nikanek,

I wish I could report that the City of Shawnee has come to their senses over their misguided attempt to force the tribe to collect city sales tax, but no such luck. Now the city wishes to enter into mediation with the tribe over said sales tax.

Mediation? To me it sounds a lot like getting marched to Kansas at the end of a gun. The city must recognize that the Nation is "Trust Land" and therefore outside of their control. The title to our property reads "United States Government - In Trust for the Citizen Potawatomi Nation". Even in California, federal rights supersede state and local rights. In other words, federal land pays no state or local property tax and federal

buyers pay no state sales tax.

How can a city decide we owe them sales tax when we are not in the city? More to come on this subject.

As a reminder, the 2014 Family Festival is just around the corner. The Honored Families for this year are Bruno, Darling, Hardin, Higbee, Lewis, Nadeau, Slavin and Smith. The Festival will be held June 27-29 in Shawnee.

As you know, 2014 is an election year for District 7. I hope I have earned your trust and support. I will fight for you and our Nation. Our heritage and culture must be preserved, but I need your vote to do so. Please take the time to make your voice heard. If you have

not requested your absentee ballot, do so today, and then vote when it arrives.

Also on the ballot this year is a budget line item for your approval. The budget will provide for a Columbarium, Flag Plaza and Veterans Memorial. These important projects will finally provide a resting spot for the cremated remains of our members who wish to go home, and to honor our veterans to whom we all owe so much.

Once again I would like to say what an honor it is to serve you as your District 7 representative. As always, give me a call and I will be happy to work with you on any questions you may have, or provide you with additional information you may need to access tribal benefits you are

entitled to. Please also take the time to give me a call or send me an email with your contact information so that I can keep you informed of the happenings within the Nation and district.

Migwetch,
Mark Johnson / Wisk Mtek
(Strong as a Tree)

1565 Shaw Ave., Suite 202
Clovis, CA. 93611

Cell: 559-351-0078

Mark.Johnson@Potawatomi.org
www.markjohnsoncpn.com

District 8 – Dave Carney



Bozho, nikanek -

My wife and I took our three youngest children to Washington D.C. for spring break this year. We showed them monuments, museums and historic sites that make it into the history books. As many of you may know, my sister Eva Marie Carney is the District 2 rep., and we were able to stay and visit with her in her home in Arlington, VA. More than a little time is spent discussing Potawatomi legislative business whenever we are together.

Reflecting back over the last four years of my current term as the District 8 representative, I appreciate our rich

history as a tribe and I feel privileged to meet interesting CPN members in new places and share that with my children. The Nation pays for my travel expenses, and we have paid for the rest of the family to come whenever possible, seeing it as a great opportunity to see the country and meet other Potawatomi. It is important to introduce children to our culture at an early age and my children have come to look forward to the annual Family Reunion and are proud to tell their friends about it.

Some highlights of the past four years:

In 2010, District 8 started the year with several meetings and craft gatherings in my home town of Olympia. That was followed by a unique gathering in Alaska. In Anchorage, we had the first-ever Potawatomi meeting, which was a well-attended dinner and presentation followed by a naming ceremony in a private setting the following morning. That meeting led to many Alaska Potawatomi connecting for the first time. We did a Fall Feast in Washington in November, which was attended mostly by Washington and Oregon members.

2011 began with namings and crafting

events close to home in March, and then a District 8 meeting in Missoula, Mont. in July. The venue was a noisy one, "A Carousel for Missoula" located on Clark Fork River, but we managed to meet, share a meal and conduct a meeting. The following morning we had a very nice naming ceremony in a public park downtown.

A summer naming that was particularly memorable was in the Burke home in Washougal, Wash. in August. About ten members of the Ogee family received their names with about 40 more family and friends. A real feast followed, thanks to matriarch Sandhi Burke’s organizational and hosting skills.

2012 was the year that I wanted to share some contributions from the CPN Cultural Heritage Center, including a slideshow created by the Director Kelli Mosteller and her staff along with a film produced by Curtis Grant called “Journey.” This film depicted in both documentary style and reenactment of the forced removal of our ancestors from Indiana to Kansas. I took this slideshow and film on the road to Portland, Ore. in May, Wasilla, Alaska in June and Coeur d’Alene, Idaho in August.

2013 was the year we had the regional meeting in Vancouver, Wash. and District 8 meetings in Eugene, Ore. in July and Spokane, Wash. meeting in August. Both the District 8 meetings had their own flavor and were punctuated by a “Potawatomi Art Contest.” This was a suggestion from my friend and tribal member Steve Lynch and has become an ongoing addition to the meetings. As we all know, Potawatomi are very creative. Their talents shined and were recognized by those that attended the meeting.

We had the privilege of having Curtis and Leslie Deer attend two of our annual fall feasts and share Potawatomi culture and lead dancing and craft activities, including making traditional regalia bags and bandoliers.

One of the best parts of these meetings has been honoring the “wisest Potawatomi” and recognizing them with a blanket: Lyle Morris in Portland, Erma Pozzaban in Seattle at the Fall Feast, Marilyn Summerhays in Wasilla, and Richard Richard in Spokane.

It has been a joy to meet so many members of my CPN family, those who have been enrolled since

childhood and those who are newly enrolled and happy to become more involved in their tribe. Together we are moving the tribe forward and sharing in the history of the Citizen Potawatomi Nation. In 2014, I am running for re-election and hope to plan an event or two in the late summer in either Montana or Wyoming – suggestions? I am tentatively scheduling a Fall Feast in Portland on November 15. In the meantime, there are some namings being planned for people who have requested it, one in Tillamook in May for sure and others that are tentative. If you would like to learn more about that process, please contact me.

I would like to remind each member of the district to return their absentee ballot request to the Election Committee by June 8 – but the sooner the better. I appreciate your past support, and respectfully ask for your vote in June 2014.

Migwetch,
Dave Carney/Kagashi (Raven)

Office: 360-259-4027

www.dave-carney.com

DCarney@potawatomi.org

District 9 – Paul Wesselhoft



Bozho nikanek,

In the Oklahoma State Legislature, I co-authored House Bill 2921, which recognizes Native American languages as a language art. Native American languages may be counted in fulfilling core curriculum requirements, and will be granted the same credit as a world language in Oklahoma Public Schools.

Native American languages may be

taught by a qualified teacher that holds a valid traditional or alternative teaching certificate, or a teacher that holds a valid certificate in Native American languages issued by the State Board of Education and qualifies for alternative placement or is supervised by a highly qualified teacher.

As a seminary student, I took two years of Hebrew and two years of Greek. The University of Oklahoma

will not accept my languages to fulfill their language requirements. Unfortunately, I am six credit hours away from obtaining another degree from O.U.

With the bill I co-authored, Native American languages in high schools will never be discounted in consideration for language requirements and will be seen in a positive light by Oklahoma colleges.

Migwetch,
Naganit

1105 N. E. 29th St.
Moore, OK 73160

Office: 405-794-9464

PWesselhoft@potawatomi.org

District 10 – Dave Barrett



Bozho:

Today I found out the history and symbolism behind the tradition of wearing a wedding ring. Some believe that the oldest recorded exchange of wedding rings comes from ancient Egypt, about 4,800 years ago. Sedges, rushes and reeds growing alongside the well known papyrus were twisted and braided into rings for fingers.

It was not until about 860 that Christians used the ring in marriage ceremonies, but even then it was not the simple plain band we now know it as.

Wedding rings through different stages in history have been worn on different fingers, including the thumb, and on both the left and right hands. According to a tradition believed to have been derived from the Romans, the wedding ring is worn on the left hand ring finger because there was thought to be a vein

in the finger, referred to as the “Vena Amoris” or the “Vein of Love”, said to be directly connected to the heart.

But how did the Native American Indian come to play in these ceremonies?

Researching this gave me another approach to our cultural beginnings. Material utilized for this article is to be credited to the Manataka American Indian Council who gleaned this from myths, legends, books and tribal elders. This presentation is not a definitive work on the subject of traditional Indian wedding ceremonies, but a broad overview of selected highlights of simple yet beautiful wedding ceremonies of the People the Land.

Permission to marry was essential from the family of the woman. Many times the priest must give his permission as well. The bride’s brother would exchange gifts of clothing and ornaments with the groom as a symbolic act of joining the two families. Among many tribes, the suitor would supply the woman’s family with food or provide services from the time of the marriage proposal to the time of the wedding. Often times, a maiden could not refuse if the parents approved the match and the suitor gave gifts or services. Indian marriages were considered a contract for life. Although divorces were not common, they did occur. It was common practice among many indigenous people that the groom went to live in the lodge of the bride’s family. The groom was subservient to the

bride’s mother and obeyed her every wish. It was his responsibility to provide food, shelter and protection for the wife’s family.

The Rite of Seven Steps is a beautiful and meaningful wedding ceremony. The origins of this ceremony are traced to tribes in different parts of the continent and cannot be attributed to any one nation or language group. Both bride and groom take seven steps sunrise (clockwise) around the sacred fire. For each step taken, a vow is said by each. The groom makes one step forward and says a vow, and then the bride takes a step to join him and says her vow until one round around the fire is completed. Family and friends join in a circle around the fire.

The Blanket Ceremony is among the oldest and best traditions. Two blue blankets used in the ceremony represent the couple’s past lives that may have been filled with loneliness, weakness, failures, sorrow and spiritual depression. The couple is wrapped in the blue blankets and their relatives follow them to the sacred fire circle. After the spiritual leader blesses the union the couple then shed the blue blankets and is enveloped by relatives in a single white blanket representing their new ways of happiness, fulfillment and peace. Under the white blanket, the couple then embrace and kiss. The white blanket is kept by the couple and often displayed in their home. It is the same blanket that is sometimes split in half if the marriage goes sour.

Ceremony of the Rings: Most indigenous peoples did not smelt stone into metal for use in decorative objects. Thus, it is doubtful our ancient ancestors used rings in their wedding ceremonies, but the practice has found favor among many today.

The Fire Ceremony is symbolic of the separate lives of the couple and the union of One accomplished by this beautiful and exciting ceremony. Three separate fires are prepared in the sacred fire circle. One large fire prepared in the center of the circle represents the Creator and the holy union of two people. Two smaller fires are prepared, one in the North and one in the South, that represent the bride and groom who have individual lives before the wedding ceremonies. Tobacco, sage, sweet grass, and corn are sprinkled on the respective fires by the spiritual leader, bride and groom, as prayers are offered and songs are sung. The bride and groom each offer a prayer as the two small fires are lit. After both fires burn for a few moments, the bride and groom gently push their two fires into the large stack of wood in the center, which catches fire. All sing praises to the Creator as the two lives are merged into one holy union.

The Basket Ceremony is symbolic of a time when large dowries were required by the families of the bride and groom, the practice of exchanging baskets filled with meaningful gifts. For example, the bride’s basket to the groom was filled with bread and corn representing her promise to nurture

and support her new husband. The groom’s basket contained meat and skins representing his promise to feed and clothe the bride. The opening of the baskets is always directed toward the East, a sacred direction from which no harm is supposed to pass.

The Wedding Vase Ceremony is usually after the Basket Ceremony for indigenous tribes of the southwest and southeast. They used a pottery jar or pot with a handle on each side and two spouts, called a “wedding vase”. The vase is filled with water or herbal teas and the couple drink from each side as a toast to their union. The couple first drink from one side, then the vase is turned and each sip from the other side. Finally, they both drink from the vase at the same time. It is said if the couple can drink from the vase at the same time and not spill a single drop, good understanding and cooperative spirit will always be a part of their marriage.

Please exercise your privilege to vote, cast your vote by absentee or in person.

It goes without saying that it is both a pleasure and an honor to serve you and our great Nation.

Migwetch,
David Barrett/Mnedobe
(Sits with the Spirit)

1601 S. Gordon Cooper Dr.
Shawnee, OK 74801

405-275-3121

DBarrett@potawatomi.org

District 11 – Lisa Kraft



Citizen Potawatomi Nation Allotment Lands

I want to thank Charles Meloy, Director of CPN Real Estate Services, for his overview of Indian land in last month’s Hownikan. The map he provided is our reservation with the individual member allotments in red (1887) and blue (1872). Of course, there are only a handful of them left – 77 to be exact. Eleven allotments are from the 1872 allotment period and 66 are from the General Allotment Act of 1887. To learn more about the allotment process our relatives endured when coming to Indian Territory, please read my paper entitled, “Trice Purchased: Acquisition and Allotment

of the Citizen Potawatomi Nation Reservation,” in *The Chronicles of Oklahoma*, Issue 86 (Spring 2008), pages 64-87.

As Charles described, the allotments may be owned in surface, mineral, or both. In all, there are 5,380 acres still under management of the Citizen Potawatomi Nation on behalf of the approximate 2,200 Citizen Potawatomi interest holders and roughly 500 non-CPN members. Some of these allotment lands are highly fractionated with almost 200 interest owners and then there are some allotments with only one owner.

The policy of our tribal leadership

supports the Indian Land Buy-Back Program and Land Consolidation Program of the Department of the Interior. Our Real Estate Services actively buys allotment interests, at reasonable fair market value, from the non-Indian shareholders as well as those members who are in need of selling or cannot do anything with their allotment due to the volume of interest holders.

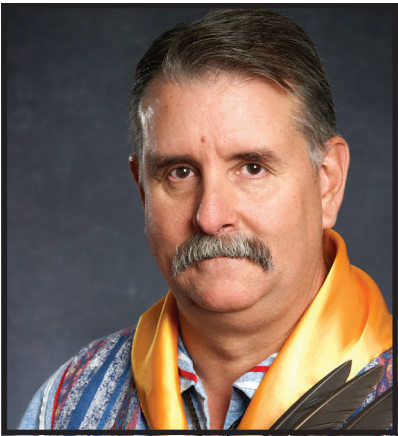
If you have an interest ownership in your family allotment and wish to consolidate the interests by buying out shares, you may request an ownership list from our Real Estate Services. Only an interest holder of an allotment may buy out others of

the same allotment. Lands that have many owners will most likely always be managed by the tribe. There are very few allotments with viable business opportunities such as manufacturing, housing, game preserves, or mineral exploration due to their location and resources. Nevertheless, if your family could partner with our tribe for development and leasing of the lands, the tribe’s success will be spread wider.

As always, I am thinking Potawatomi. Lisa Kraft (Zibikwe)
Oklahoma Tribal Legislator

Lisa@CopperBearConsulting.com

District 12 – Paul Schmidlkofer



Bozho Nikan,

Recently I remembered something that happened about 10 or 15 years ago, maybe a little longer. My memory isn’t complete of all the details but the

gist of this memory had to do with trust. I believe it happened while I was on the old Grievance Committee.

There was an article in one of the local newspapers describing an agreement the tribe had made with City of Tecumseh. I don’t recall the subject of the agreement, but more so a statement made by one of the City officials. I’m going to paraphrase what I remember being said, so know that this is certainly not a direct quote. The statement was along the lines of, “We trust your current business committee but what says a future committee won’t have a different response.”

Here we are, maybe 15 or so years forward and we still have a decent working relationship with this particular city. There are currently

only two members from that group still involved, Chairman Barrett and Vice-Chairman Capps, everyone else on the committee is new. I wonder if they still have these concerns about us? I hope not.

I believe, if nothing else, we have shown we are very stable. We continue to function on a very progressive level helping both our Nation and the surrounding communities. It’s important to remember we have tribal members who are citizens of both the Tribe and these communities. It would not serve us well to ignore the impact our decisions might have on them.

Another thing I recall is that I grew up a good part of my life right here in the middle of Pottawatomie County. I remember well how it was back then.

Even though Shawnee was and is the largest city in the county, it is still just a small Oklahoma town depending on home grown and imported industry and jobs to survive. A good portion of those who I grew up with moved away to find work and to live their lives because there really has never been enough work here to support all the students we educate at a decent level. During this time, I do not remember many things of significant interest outside of the weather. I remember the Tribe’s involvement in professional boxing, and of course all the entertainment acts we have brought to town over the years. I know we will soon have an ESPN-televised professional bowling tournament. Otherwise though, I don’t recall a lot to hold adventurous young adults here outside of this.

Clearly these are investments by the tribe that might go unnoticed.

Mostly I point these things out to remind us that we truly are good neighbors. We are invested in this little part of the world and those who live here. I believe most people recognize these things, I just worry about the few who don’t. As always it is a pleasure and an honor to serve our great Nation. I thank you for this privilege.

Bama pi,
Paul Schmidlkofer

1601 S. Gordon Cooper Dr.
Shawnee, OK 74801

Office: 405-275-3121

PSchmidlkofer@potawatomi.org

CITIZEN POTAWATOMI NATION WELCOMES YOU TO THE

2014 FAMILY REUNION FESTIVAL

JUNE 27-29, 2014

HONORED FAMILIES: BRUNO, DARLING, HARDIN, HIGBEE, LEWIS, NADEAU, SLAVIN, SMITH

REGISTER ONLINE: WWW.POTAWATOMI.ORG/2014FESTIVAL

Chairman – John Barrett



Bozho, Nikan,

It’s time again for our annual Family Reunion Festival, which will be held June 27-29. I hope that you are making preparations to attend. This event serves as an opportunity to connect with our families and culture, learn more about our tribe and make decisions that will help Citizen Potawatomi Nation continue to prosper.

The honored families for 2014 are Bruno, Darling, Hardin, Higbee, Lewis, Nadeau, Slavin and Smith.

Families are honored with special dances at the Festival Grounds on Saturday evening. Honored families also have the opportunity to participate in the Family Heritage Project, where they may be interviewed festival weekend. These interviews are important to capture the story of our tribe.

Tribal members have the opportunity to vote in District 7 and District 8 legislative elections. Members living in northern California and northern Nevada will choose between incumbent Mark Johnson and challenger Michael Bourbonnais for District 7’s legislative seat. Tribal members in District 8, which includes Washington, Oregon, Idaho, Montana, Wyoming, North Dakota, South Dakota and Nebraska, will choose between incumbent Dave Carney and challenger Clyde Slavin.

Vice-Chairman Linda Capps, Secretary/Treasurer D. Wayne Trousdale, District 5 Legislator Gene Lambert and District 6 Legislator Rande Payne will also appear on the ballot, but are running unopposed. In addition to these races, Tribal members will vote on the budget. Voting is held

in the Tribal court room located at 1601 South Gordon Cooper Drive in the CPN Headquarters building.

During Festival we also present our “State of the Nation,” which will allow tribal members to gain an understanding of the current state of the Citizen Potawatomi Nation. While you are here you will no doubt be able to see the tremendous progress and growth

that CPN has made during the past year. Most noticeably will be the construction projects, FireLake Arena, The Grand and FireLake Golf Course.

Although our Family Reunion Festival is only open to CPN tribal members and their families, the powwow used to be popular with many Tribes. We chose to limit participation to CPN because too often our own Tribal

members became spectators and not participants. We have been pleased that Festival registration has increased year after year.

It is my sincere hope that you’ll participate in the cultural events happening. Our staff works hard to make all of these events available the weekend of festival. It’s a wonderful thing to see several generations of Potawatomi participate in the hand games, beadwork classes and language classes. Most of our events are suitable for all ages.

While we’re preparing for Festival already, we do not have the schedule and locations prepared just yet. Many events traditionally scheduled at the Cultural Heritage Center will have to be moved because of the flood.

We look forward to seeing you at Festival. Be well, Neaseno. Thank you for the honor of serving as your Tribal Chairman.

Migwetch,
John Barrett/Keweoge
(He leads them home)



Vice-Chairman – Linda Capps



With 38 federally recognized tribes, Oklahoma, formerly called Indian Territory, is home to the second largest Native American population in the United States. Tribes in the U.S. have struggled for decades to make economic dreams a reality. Those dreams include self-sustainability and the ability to care for our people.

According to the U.S. Census Bureau, one in every four Native Americans lives in poverty. Although the Citizen Potawatomi Nation cannot be all things to all people, we go to great lengths to help our citizens and communities when there is a need. Since 2005 we’ve given more than \$5 million to nearly 200 community organizations and community groups in the surrounding areas who serve Native and non-native alike.

We face numerous challenges in caring for these populations, especially in rural areas. Tribal Nations, mostly located in these areas, have helped considerably in assisting these hard to service communities. We provide healthcare, social service programs and contributions to community and civic groups who also help these areas.

The foundation of these services rests on the principle of tribal sovereignty, a right which was granted to tribes

across this great country as a tool to promote economic growth. Tribal land is governed by federal law, which allows tribes to host a number of businesses and enterprises, including gaming. Although many believe that tribes are wealthy because of gaming, as tribal leaders we know we must diversify our businesses to be successful and provide opportunities for our citizens and the communities we serve. We should not be required to depend solely on gaming to build economic sustainability.

Citizen Potawatomi Nation has created many tribal enterprises in order to achieve economic sustainability. The tax we collect at our grocery stores, bowling center, ball fields and golf course are all key components needed to achieve that dream. We spend 100 percent of every tax dollar on government services such as roads, services for our citizens and neighboring

communities, education, emergency response and job creation. In Shawnee alone, we’ve created 7 of every 10 jobs for the past decade.

Despite this, certain political figures in the City of Shawnee believe they are entitled to what we have built using the tools available to us as tribes. Some have attempted to muddy the very clear picture of what one of those tools, tribal sovereignty, truly entails. But a willful ignorance of tribal sovereignty is not an excuse to simply hope it does not exist as a matter of legal principle.

Those same figures have loudly claimed their reluctance at filing a lawsuit against Shawnee’s neighboring tribes. Yet common sense leads me to question that if those political figures are sincere about not wanting to sue, why have they contracted a high-priced, out-of-state law firm who specializes in litigation?

If the City of Shawnee is successful in its attempt to collect sales tax revenue from tribal enterprises as the result of a lawsuit, it will directly impact those we strive to serve. It will be taking critical services from the neediest in our community. Without this tax revenue we will not be able to continue our record job creation in Pottawatomie, Oklahoma and Lincoln counties. We won’t be able to continue building roads that you as citizens drive on. Nor would it be possible to expand water and sewer infrastructure that serves increasing numbers of our rural area neighbors. Worst of all, we won’t be able to continue the support of our community.

That would be a shame, because as good neighbors we know a rising tide lifts all boats. Unfortunately, some City politicians appear to be more focused on draining the water out from under all of us, tribal or non-tribal.

Visit the language department online for tools and language help! www.potawatomi.org/lang

Bama mine: Later again

Bozho Nikanek: Hello friends

Bozho Nij-Neshnabek: Hello, my fellow Potawatomi

Egwien: Heartfelt thanks

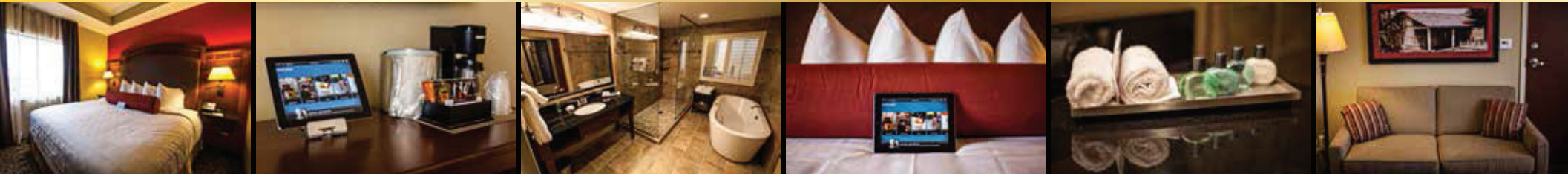
Naganit: Leader

Bama pi: Later on

Bozho Nikan: Hello friend

Migwetch: Thank you

DISCOUNTED ROOM RATES FOR CITIZEN POTAWATOMI NATION TRIBAL MEMBERS



Rooms will be made available per day Sunday thru Thursday night, excluding holidays and other high demand blackout dates, at a discounted rate to CPN tribal members.

- Rate will be 30 percent off of the Best Available Rate for the day plus taxes.
 - Excludes all Holidays. Discount is subject to availability. Blackout dates may apply based on business needs.
 - Advanced reservation is required.
 - Reservation must be booked no later than three days prior to arrival.
 - Reservations can be booked a maximum of six months in advance.
 - Discounted rate must be available and identified at the time of reservation.
 - Rooms will be available on a first come, first serve basis.
 - No Show reservations will be charged a \$50 “No Show” rate
 - Reservations must be cancelled by 4:00pm on the day of arrival to avoid incurring the No Show Charge Rate.
- Credit Card is required at time of reservation
 - Credit Card bearing the guest’s name must be presented at check in
 - Credit card is authorized at check in for room and tax plus \$50 for incidentals per night.
 - Authorizations are released within two to three business days.
 - Debit card authorizations can take up to two weeks to be released depending upon the cardholder’s bank.

- Standard Room is defined as a non-suite room with either one king bed or two queen beds.
 - Maximum occupancy for a King Room is three persons
 - Maximum occupancy for a Double Queen Room is five persons
- CPN Tribal Members must be 21 years of age or older in order to rent a room
- CPN Tribal Members must provide their Tribal Identification Number at the time of booking the reservation and must present their Tribal Identification Card upon check in. If the Tribal Identification card does not bear the CPN Tribal member’s photo, a government issued photo identification (driver license, state issued ID, military ID, passport) must be presented in conjunction with the Tribal identification card.
- There will be a maximum of two rooms per CPN tribal member per night.
- In order to ensure that all citizens have an opportunity to take advantage of this offer, a CPN tribal member will be permitted to book no more than 10 room nights per year at the discounted rate.
- The rate code for the discount is DISCCPN. CPN Tribal members may call reservations and offer the rate code to the reservationist to see if the offer is available.



Catherine L. DeVader

Catherine L. DeVader, 82, passed away Wednesday, April 9, 2014, at St. Mary's Manor.

She was born January 10, 1932, on a farm south of Rossville, the youngest of 10 children of Henry and Edith Burns Martin.

She and her husband Joe owned and operated C&J Café in Emmett for several years. Catherine later worked at Jeffrey Energy Center for several years. She was a member of Holy Cross Catholic Church and the altar sodality at the church. Catherine was a member of the Citizen Band Potawatomi Nation and the Jolly Workers Club. She was an avid sports fan.

On August 26, 1950, she married Joseph Charles DeVader at Rossville. He preceded her in death on June 1, 2002. She was also preceded in death by an infant son, Ronald L. DeVader and a daughter Roberta K. DeVader-Dale on February 22, 2011, and 7 siblings.

Survivors are four sons, Larry DeVader and Dave DeVader both of Topeka, Robert DeVader, St. Marys and Gerald "Chief" DeVader, Emmett; four daughters, Edith Fuller, Topeka, Loretta Scott and Marcia Wagner both of Rossville and Ranae Baker, Scott City; a brother, Charles Martin, Silver Lake; a sister, Betty Gibson, Topeka; 17 grandchildren and 20 great-grandchildren with 2 on the way.

Mass of Christian Burial was celebrated at 10:00 a.m. Saturday, April 12, 2014, at Immaculate Conception Catholic Church in St. Marys. Catherine laid in state from 3:00 - 6:00 p.m. Friday, April 11, 2014, at the church where a rosary was recited at 6:00 p.m. Interment was in Holy Cross Cemetery, Emmett. Memorial contributions may be made to the Catherine L. DeVader Memorial Fund and sent in care of Piper Funeral Home, 714 Maple St., St. Marys, Kansas 66536. Online condolences may be sent to piperfuneralhome.com.



Maxine R. Flanary

Maxine R. Flanary passed away Monday, March 17, 2014 in Manhattan, Kan. She was at the Bramlage House at Meadow Lark Hills after a short stay in the hospital from a fractured hip.

Mrs. Flanary was born February 13, 1922 at Emmett, the daughter of Godfrey A and Rose Schoemann Rezac. She grew up in the Emmett community and graduated from Emmett High School in 1940. Mrs. Flanary worked several years at Capper Publication in Topeka before she was married.

Family was Maxine's first love, she was a loving wife, mother and grandmother. Maxine was a member of Immaculate Conception Catholic Church in St. Marys. She was also a member of the alter sodality at the church. She reconfirmed her faith at St. Isidore's

Catholic Church in Manhattan when her daughter Janice was baptized there while in college. Maxine was a member of Hoy-Heim American Legion Auxiliary Post No. 178 in St. Marys. Mrs. Flanary also was a member of the Citizen Potawatomi Nation.

On May 10, 1947 she was united in marriage to Harold M. Flanary in Topeka. He preceded her in death on March 6, 2007. She was also preceded in death by her parents, two brothers, Harold and Delaine Rezac, and a sister-in-law Elsie Rezac.

Survivors include her son Richard (Claudeane) Flanary, St. Marys; her daughter Janice Flanary, Manhattan; grandson Harold Lee Flanary and her best companion, Alberta the cat.

Mass of Christian Burial was celebrated at 10:30 a.m. Friday, March 21, 2014 at St. Isidore's Catholic Church in Manhattan. Private interment was at Mt. Calvary Cemetery, St. Marys. Memorial contributions may be made to Immaculate Conception Catholic Church, St. Isidore's Catholic Church, the Wamego Boy Scouts Equipment Fund, or T. Russell Reitz Animal Shelter and sent in care of Piper Funeral Home, 714 Maple, St. Marys, KS. 66536. Online condolences may be sent to piperfuneralhome.com.

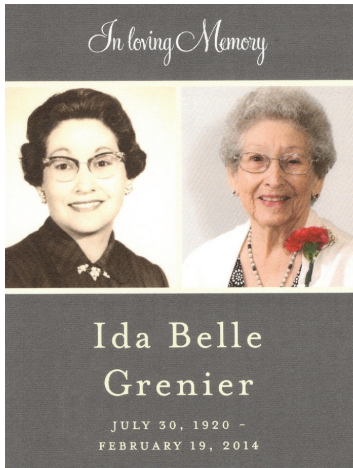


Maxine Melot Forester

Maxine Melot Forester of Chico, Calif. passed away January 24, 2014 at Enloe Medical Center in Chico.

Maxine worked over 25 years as a teacher. She was born in Okla. to Ullie Melot and Anna Ellison Melot.

Survivors include her son Michael Forester and many extended family members. Maxine will be missed dearly by all.



Ida Belle Grenier

July 30, 1920-February 19, 2014 Vancouver, Wash.



Marjorie Pearl Guerich

Marjorie Pearl Guerich, 91, of St. Mary's, Kan. died March 23 after an extended illness. "Marj" passed away peacefully at the St. Mary's Manor surrounded by family members.

Born November 1, 1922, on a farm in Sandy Hook, Kan. near Rossville, Marj was the eldest of six children of Thomas M. and Florence G. Doyle Pearl. She attended James Grade School in rural Shawnee County and was a graduate of Immaculate Conception Catholic High School in 1940.

She studied in East Chicago, Ill. and St. Louis to become a nationally registered radiologic technologist. She worked at Topeka State Hospital for 27 years before retiring in 1987.

Marj was a longtime member of Immaculate Conception Catholic Church, the Daughters of Isabella Little Flower Circle, Kansans for Life, the Kansas Authors Club, the Wamego Writers Roundtable, Kevin Club, Kansas Historical Society, Kansas Association of Public Employees and the American Legion Auxiliary. She wrote stories about her life as a hobby and was active as a community hospice volunteer. She also was a frequent visitor of the residents at the St. Mary's Manor.

An energetic traveler who toured a variety of national and international venues over the years, Marj was an excellent cook who loved to entertain relatives and friends at special dinners and holiday celebrations in her home.

As an elder of the Citizen Potawatomi Nation, Marj was extremely proud of her Native American heritage. During the Jesuit-Potawatomi Days in October 1998, she oversaw the preparations for St. Mary's celebration of the 150th anniversary of the local Jesuit mission's founding. A devout Roman Catholic, she was an avid supporter of the Society of Jesus (Jesuits).

Her children, Ann Marie (Al) Dobson, of Manhattan, and Clement Joseph "C.J.". Guerich of Lawrence survive. Marj was the proud grandmother of Amy Marie Guerich, Overland Park, Sarah, Michael and Adam Guerich, all of Lawrence and Jenn Higgins and Marcus Dobson of Manhattan. Her great-grandchildren are Jordan Minor and Gavin and Arianna Higgins.

Also surviving are siblings, Robert L. Pearl, of Parma Heights, Ohio; Maureen Harris of Topeka; Virginia Pearl, CSJ, of Concordia, and Gerald (Hildegard) Pearl of rural St. Mary's. Marj was preceded in death by her parents and her brother, James B. "J.B." Pearl of St. Marys.

In addition, she is survived by sister-in-law Dorothy Eileen Pearl, St. Mary's, and many cousins, nieces and nephews.

Mass of Christian Burial was celebrated at Immaculate Conception Catholic Church in St. Mary's. Interment will be in Mt. Calvary Cemetery, St. Marys. Online condolences may be sent to piperfuneralhome.com. Memorial contributions may be sent to Immaculate Conception Catholic Church or Grace Hospice, Topeka, Kan.



Richard Allen Hernandez

Richard Allen Hernandez passed away Feb. 26, 2014, in Dallas, Texas. He enjoyed travelling back and forth from Dallas to Oklahoma City to visit his loved ones. Richard loved the outdoors and listening to music, dancing, playing his drum, and playing Farkle. One of his favorites songs was "Heaven" by the band Los Lonely Boys.

He is survived by his brothers Dennis L. Hernandez of Sterling, Okla. Michael and Mercy Hernandez, Johnny and Linda Hernandez and Vincent and Candice Hernandez of

Dallas, Texas. His sisters Jackie, Sherry, and Rene of Oklahoma City. As well as several nephews and nieces.

Richard was preceded in death by his mother Betty Lou Hernandez, stepfather Manuel Valdez Hernandez, father Jack Marvin Chisholm, brother Jack Marvin Hernandez, nephew Jack Marvin Hernandez III, and sister-in-law Clarissa Hernandez.



Glenn Vincent "Skinner" Hollingsworth

Glenn Vincent Skinner Hollingsworth, 85 year-old longtime Seminole resident passed from this life Sunday, December 15, 2013 at his home in Seminole. He was born August 17, 1928, in Harjo, Oklahoma to parents Claude James Hollingsworth and Rena (Nadeau) Hollingsworth.

Skinner served as a Sergeant in the United States Army during the Korean War, where he received Korean Service Medal with three bronze stars and the UN Service Medal for his service with the Battery "B" 50th Artillery Division.

On July 7, 1953, Skinner married Betty Smith in Las Vegas, Nevada.

Skinner was a heavy machine operator belonging to the Operating Engineers Union Local 12; he was also a member of the Loyal Order of Moose.

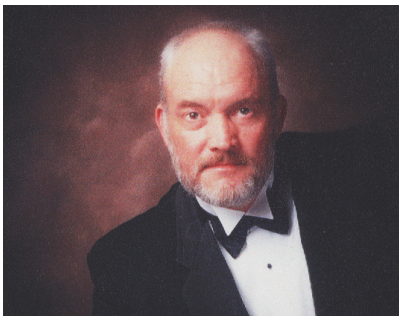
The couple returned to Seminole County seventeen years ago from Long Beach, California.

Survivors include his wife of 60 years, Betty; children, Glenna, Bruce and Debbie; brother, Tony and his wife Barbara and sister, Mary; five grandsons, Tommy, Clayton, John, Logan and Dietmar; nine great-grandchildren; and a great many nieces, nephews and cousins that he loved dearly.

Skinner was preceded in death by brothers, James "Jim" and Louis; sisters, Sarah, Dilla, Laura "Sis" and Hazel.

Funeral services were scheduled for 1:00 p.m., Thursday, Dec. 19, 2013 at Swearingen Funeral Home Chapel in Seminole, Okla. Interment followed at Little Cemetery with Military Honors.

Casket Bearers were: son Bruce and grandsons Tommy, Clayton, John, Logan and Dietmar. Services were under the direction of Swearingen Funeral Home in Seminole, Okla.



Roy Jimmy Ray

Roy Jimmy Ray, 70, of Bernville, died September 25, 2012 in St. Joseph Hospital and Medical Center.

Born in Okla., he was a son of the late Roy James and Rubie (Wano) Ray. He worked as a truck driver for over 50 years, retiring in 2007 from The Bachman Company. After retirement he continued to work part time as a driver for The Penske Corporation.

He is survived by his three children: Roy James Ray, Oley; Karena Ray, KY and Kathy Ray, KY. Also surviving is his grandson, Brendan Grant.

Services were private. Edward J. Kuhn Funeral Home, Inc., West Reading was in charge of arrangements. Online condolences may be recorded at kuhnfuneralhome.com.

Jack Edward Stiffler Jr.

Jack Edward Stiffler Jr. passed away Feb. 24, 2014, in Iola, Kan. at the Iola Nursing Center, at the age of 80.

He was born February 22, 1934, to Jack E. and Mary E. Stiffler, in Oakwood, Kan. In 1936, he moved with his parents to Pueblo, Colo. where he graduated from Centennial High School in 1952. He then attended Pueblo Junior College from 1952-1954. He then majored in Entomology and related biological sciences at Colorado A&M in Fort Collins, Colo. In 1956, he was employed by Triplex Piston MFG (now known as Perfect Circle Division of the Dana Corporation). He operated various cutting lathes and was promoted later as stock clerk for the Foundry and Smelter division of the plant. In 1968, he was employed by the Crews-Beggs Dept. store in Pueblo as a night watchman. He retired in 1970.

In 1980 Jack adopted a 10-year-old child, William (Bill) Stiffler. In 1982, they moved to Kincaid, Kan. to make their home. Jack loved children and spent many years as a Boy Scout master and Sunday school teacher. He was a very educated man and enjoyed reading books of history and documentaries as well as anything he could get his hands on. He also loved music and playing the organ, piano, keyboard, and steel guitar. He was honored to play at the local church and with a local band from time to time.

He was preceded in death by his parents, Jack and Mary, brother Thomas, sister Mary Jane and grandparents Dora and William Stiffler.

He is survived by his son William of Paola, Kan. brothers, David (Denise) of Pekin Ill. and Jack (Pat) Hilbert of parker, Colo, two nephews and a niece.

Cremation and a service in his remembrance have taken place.



Jenice E. Trailer

A graduate of Kearny High School, Class of 1954, Jenice married her high school sweetheart of 59 years, Ed Trailer. She is lovingly remembered by their children: Daniel, David, and Diane, along with their spouses, and her most precious gifts, her grandchildren and great-grandchildren.

She will also be missed by her two brothers, Steven and Allan Altman. Jenice proudly served and loved being an active member in both the Sweetwater Woman's Club and the First Presbyterian Church of El Cajon, Calif.

A service was held March 18 at First Presbyterian Church of El Cajon. In lieu of flowers, the family suggested memorial contributions be sent to Sweetwater Woman's Club or the First Presbyterian Church of El Cajon. Jenice, a loving mentor, will be in the hearts of many - forever!

Hownikan

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Burial assistance

If you have a loved one who has walked on, please update their information in Tribal Rolls. Also, you may be eligible for burial assistance. Please contact the Tribal Rolls Department at 800-880-9880.

Submitting obituaries

To submit an obituary, please send a word document and a 300dpi photo to hownikan@potawatomi.org.